山东省 2020 年普通高等教育专升本统一考试

本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回．

注意事项：

1. 答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、考生号、座号填写到试卷规定位置上，并将姓名、考生号、座号填（涂）在答题卡规定的位置。

2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效。

第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效。

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A. studied	B. continuing	C.by	D. who	E. whose	F. improve
G. truth	H. ignored	I. recently	J. those	K. for	L. less

Researchers have found that people who go to concerts, shows and museums, can live longer than ___1___ who do not. Experts from University College London have been examining the life styles of over 6700 British People ___2___ 15 years. They ___3___ how often the people went out and what kinds of events they attended. They found that people over 50 years old ___4___ regularly went to concerts were about 30 percent ___5___ likely to die over the next 14 years. The researchers said the over-50 could extend their life ___6___ engaging with the arts. In addition to living longer, concertgoers could also have more fun. The UK Health Secretary Matt Hancock believes there could be a lot of ___7___ in the research. He said arts and culture could ___8___ things like mental health, aging and loneliness. He ___9___ announced plans for the UK's National Health Service to use the arts to help people live a healthier life. One researcher said, our results highlight the importance of ___10___ to explore new social factors that affect our health.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET.***

Passage One

Questions 11 to 15 are based on the following passage.

The hiring process may be different from one company to another. Nevertheless, the goal is the same--get the candidate who is the best fit for the position. Even so, how to choose that person? Here are some best practices used by industry leaders to attract the best talent for the job. In particular, these are the new trends in the hiring process to be prepared for when you have a job interview.

Typically, an interview is held in a conference room or office. However, this makes it easy for the employers and the candidate to act predictably. The problem with this approval is that at the end of a typical interview, the employers often don't have a much better feeling for the candidate than they do after reading the candidate's resume. Alternatively, some employers walk around the office for part of the interview. This allows the employer to get a sense of how the candidate interacts with other people and whether the candidate is truly curious and interested in how the company runs.

Another change is that some employers create teams to hire new employees in comparison to having just one administrator conduct the interview. Employers then get opinions from the team members. More importantly, this helps employers hire someone with whom current employees could get along.

Also, employers want to make sure that candidates provide new viewpoints for the company. Before they hire someone, they think about the diversity of viewpoints that the candidate can bring to the company. Be prepared to share how you can add value to the

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company through your own unique perspective and how you will help the company solve problems creatively.

Furthermore, many companies try to get a sense of the kind of work the candidates will do for the company before hiring them as full-time employees. For example, they may offer you a temporary contract first as a consultant. Likewise, they may assign you a small task as part ofthe interviews process.

11. What is a goal of a job interview for a company?

A. To change the hiring process

B. To discuss some best practices

C. To find the right person for a job

D. To attract more industry leaders

12. What is the problem with a typical interview?

A. A typical interview is held in the company.

B. Employers may fail to know candidates well.

C. Employers may ask candidates to read resumes.

D. A typical interview is held in a conference room.

13.Why do some employers create teams to hire new employees?

A. Because they have no time to participate in job interviews.

B. Because they have to compare candidates with current employees.

C. Because they want the current employees to form a few research teams.

D. Because they want to ensure candidates can get on with other employees.

14.What is the meaning of the underlined word “diversity” in Paragraph 4?

A. variety B. value C. division D. necessity

15.In this passage, the author mainly discusses _____.

A. new viewpoints on a company

B. new trends in the hiring process

C. the importance of a job interview

D. methods to get along with employers.

Passage Two

Questions 16 to 20 are based on the following passage

It is estimated that about 40 percent of the world's population use social media, and a large number of social media users look up to influencers to decide what to buy. These influencers are now playing an important role in achieving the goal of eliminating poverty in China.

What is an influencer and how does a person become one? An influencer is a person who can influence the decisions of follower because of the relationship with the audience and his or her knowledge in a particular area.

Influencers often have large following of people who pay close attention to their views. They have the power to persuade people to buy things and influencers are now seen by many companies as a direct way to customers ’ hearts. Brands are now also asking powerful influencers to market their products.

According to report from China Daily in an event targeted at helping poverty reduction, influencers attack more than 9,300 views. More than 4,500 kilograms of agricultural products at a total value of 40,000 yuan, were ordered within a few hours, such events have encouraged more and more people to become influencers. Here are five tips on how to do it.

Choose your ideal area, what is the area that you know most about? What do you feel most excited to talk about? Find the specific area that you are most interested in and develop it.

Choose our medium and write an interesting bio (简历) .Most influencers these days are bloggers and micro-bloggers. The best way to connect with your followers is to decide which medium you should use, such as your own online blog WeChat or TikTok, when you have done that, write an attention-grabbing bio that describe you and the areas that you know a lot in an interesting and unique way. Make sure that people who read your bio will follow you.

Post regularly and continually many influencers post daily on their social media accounts. The more you post, the more likely people will follow you. Also ensure that you keep posting and following a specific topic.

Tell an interesting story whether it is a photo or a comment that you are posting, use it to tell a story that will catch the attention of your followers and help them connect you.

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Make sure people can easily find you contents. Post them on a variety of social media, use "#" and catchy titles and make sure that they can be easily found. Moreover, if you want to become a social media influencer, you need to have patience.

16. A social media influencer is someone who _____.

A. pays followers for new products

B. takes social relationship courses

C. specializes in social media studies

D. affects shopping decisions of followers

17. Many companies want to use influencers to .

A. sell their products B. develop new products

C. design their own websites D. examine customers' hearts

18. According to paragraph 4, why are many people eager to be influencers?

A. Because they may run their own companies.

B. Because they want to buy agricultural products.

C. Because they want to make contributions to poverty reduction.

D. Because they want to have more chances to gain access to blogs.

19. What is the best way for influencers to connect with their followers?

A. Focusing on their comments B. Chatting with their best friends

C. Choosing the right online platform D. Describing their favorite

20. What is the main idea of this passage?

A. Five methods to influence buyers.

B. Five tips on earning money as an influencer.

C. Five methods to use influencers in marketing.

D. Five tips on becoming a social media influencer.

Passage Three

Questions 21 to 25 are based on the following passage

Children may not be using piggy banks (储钱罐) for much longer, with the move towards a cashless society, pocket money is moving digital. To reflect this trend, all of a sudden, a lot of mobile budgeting apps for children have been developed worldwide: GoHenry, Osper and Gimi, to name a few.

These apps offer a simple money management service to children, often for a monthly fee paid by parents. Parents can add money to children's accounts, set limits and monitor transactions, while children can choose to save their money or spend it using a prepaid card. The apps suggest minimum ages ranging from six to nine for the prepaid card.

The companies behind the apps argue that in an increasingly cashless society, these apps can be a valuable way of teaching young children about money. Two thirds of adults globally know little about finance, according to a recent survey, and one in four teenagers are unable to make even simple decisions on everyday spending.

These apps aim to overcome this, claiming to teach children financial concepts, such as budgeting, interest rates and income. For instance, the Swedish app Gimi --- with 1.2 million users globally has online saving jars where children can deposit money. Parents can pay children interest as they save, and pay children for completing household tasks. The account is attached to a prepaid card that is currently available in Sweden only, but expected to launch elsewhere in Europe in the near future.

"Cash was the best way to teach people about financial knowledge because it's so easy to grasp," Philip Haglund, CEO of Gimi, mentions. "Now money is being transferred through some kind of cyberspace, which is really abstract and hard for anyone to understand." Haglund believes the app can teach responsible spending habits, whereas schools tend to focus more on economic theories. "You don 't become better at money management just because you have a degree in economics. It's more about the attitude and the relationship you have with parents ' money when you're 6 to 12 years old," he says.

But Catherine Winter, managing director of financial capability at The London Institute of Banking and Finance, warns that while digital tools can help, there needs to be a more structured approach to financial education. "The area should have regular classroom time and ideally should be taught as a separate subject," she says."Children would then have the right context and foundation to get the most out of both the apps and their money."

21. What is the major role of mobile app?

A. Buying favorite goods.

B. Paying fees for parents.

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C. Managing pocket money.

D. Keeping an eye on children.

22. According to the passage, the Swedish app Gimi can _____.

A. guide parents to manage companies

B. give children basic ideas of finance

C. guide children to do their homework

D. teach parents how to invest their money

23. What can we infer from Philip Hag words?

A. A degree in economics guarantees the capability of managing money.

B. Cyberspace is the best medium for children to get financial knowledge.

C. The app Gimi helps children develop positive attitudes towards money.

D. Cash transactions are abstract and difficult for most people to understand.

24. What does Catherine Winter suggest regarding financial education?

A. It should be well organized.

B. It should be done in cyberspace.

C. It should be provided by parents.

D. It should be a self-taught subject.

25. What is the passage mainly about?

A. A new way of saving money at a local bank.

B. A new way of teaching children about money.

C. A new course on gaining financial knowledge.

D. A new method of maintain online transactions.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the **ANSWER SHEET**.*

Every time you are online, you may find pictures, articles, links and videos trying to tell their stories. ___26___ Some news spread quickly, and the result is fake(虚假的) news.

Experts in media studies and online psychology have been examining the fake news phenomenon. ___27___

Check the source. Look at the website where the story comes from. A fake news website may use an address that sounds like a real newspaper, but does not have many real stories about her topics.

___28___ Many fake news stories use images from unrelated sites. Sometimes, if you just look closely at an image, you can see it has been changed. Or use a search tool to see if the same image has been used in other contexts.

Check the story in other places. Try to see if the story you are reading is on the news sites that you know and trust. ___28___

Look for other signs. There are other techniques that fake news uses. For example, lots of ads pop up when you click on a link. ___30___ If the news story makes you angry, it is probably designed to make you angry.

If you know these things about online news and can apply them in your everyday life, then you have controlled over what to read, what to believe and what to share.

A. Watch out for fake photos.

B. Unfortunately, not all of these stories are true.

C. Young people like to share information online.

D. Read the following advice and don't get fooled.

E. You can also think about how the story makes you feel.

F. If you do find it on many other sites, then it probably isn't fake.

G. But they want to click on the same image used in other contexts.

Part Ⅲ Translation (20 points)

Section A (10 points)

31. **Directions:** *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the **ANSWER SHEET.***

Regular exercise can reduce the change that long-term stress may have on our body. Scientists have discovered that exercise can decrease depression lower anxiety and help us sleep. When we exercise all of the body's systems like muscular and nervous systems have to communicate with each other more closely than usual. So, exercise makes the body more efficient and enhances the body's ability to respond stress.

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Section B (10 points)

32. **Directions:** Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

竹子（bamboo）深受中国人民的喜爱。竹文化长久以来根植于中国人的思想中。对中国人来说，竹子是美德的象征。中国古代的学者对竹子非常敬重，这也是为什么历史上有那么多以竹子为主题的书画作品。

Part IV Writing(20 points)

33.Directions: In this part, you should write a letter of no less than 100 words in English based on the following information.

It is time for students to go back to school. Suppose you are Li Hua write a letter to your classmate Wang Hong to give your suggestions about the prevention and control of the COVID-19 (新冠病毒) . Your letter should include:

1. What measures should be taken after students return to school?
2. Why are those measures necessary?

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Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A. easier	B. groups	C.if	D. pay	E. on
F. carefully	G. income	H. that	I. what	J. borrow

Students at university can learn and make friends ___1___ will last a life time. However, the cost of studying is on the rise. This increase means that most students can get into money trouble ___2___ they do not know how to manage their money.

It is not just the course fees. Students must also ___3___ for room and board. In addition, they may spend money ___4___ clothes, travel and other things.

Thus, students need to budget ___5___. At most universities, teachers can give students suggestions on how to spend their money. The first thing they suggest is to write down your ___6___, for example, the money you will get from your family or a part-time job. Then list all of your expense. Put your expense into two ___7___: those that change (food, books and travel) and those that will stay the same (tuition, room and board). Add together all of your expenses.

When you do this, you find it is ___8___ to plan out your budget. This means you can save your money, rather than trying to ___9___ from others. As you can see, there is more to learn at university than just ___10___ is taught in the classroom.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each of them there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET.***

Passage One

Questions 11 to 15 are based on the following passage.

Wyatt Baldwin has played rock, paper, scissors since he was a kid. It helped him solve disagreements with his three older sisters. ‘‘I never got the chance to pick what we would watch on TV until I learned the game of rock, paper, scissors,” he said.

Baldwin is president of the World Rock Paper Scissors Association. He has played in and hosted competitions all around the globe. He once had a 43-game winning streak. What is the secret to his success? “Look for patterns in either your opponent’s moves or behavior,” he says. As all serious rock, paper, scissors players know, there is more to the game than luck.

People have been playing rock, paper, scissors for about 2,000 years. It is played everywhere. Some cultures use different hand symbols. You win, lose, or tie (不分胜负). Many people think the game is all about luck. It seems that your chances of winning and losing are about the same, but the outcome of the game is not random. That is because human behavior is not random. There are patterns in how people make decisions.

A study at Zhejiang University in China looked at how people play rock, paper, scissors. Researchers found two key patterns. Winners tended to repeat their winning hand symbols. Losers tended to go from rock to paper to scissors.

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Knowing the psychology of the game is not a sure ticket to winning, but it can help. Ken Watson is one of the world's best rock, paper, scissors players. He says winning takes skill. You have to size up your opponent. "Luck and chance play a part, but you have to be prepared and have a strategy," he says. "Part of my strategy is being confident."

According to Baldwin, "practice, practice, practice" is the key to success. You can try practicing against yourself in front of a mirror", he says.

11. The sport ofrock, paper, scissors enabled little Wyatt Baldwin to _____.

A. cut paper with scissors

B. reach an agreement with his sisters

C. learn the sport on TV

D. produce TV shows with his sisters

12. What is the key to Baldwin's success in the game?

A. Praying for good luck.

B. Imitating his rival's moves.

C. Figuring out his rival's patterns.

D. Making friends with his opponent.

13. What can we learn about the game from Paragraph 3?

A. The idea of the game varies from culture to culture.

B. The chances of winning or losing the game are always equal.

C. Different cultures use similar hand symbols.

D. The decision-making patterns affect the outcome of the game.

14. The study at Zhejiang University found that _____.

A. losers were likely to throw the hand symbol of paper

B. losers were likely to throw the hand symbol of scissors

C. winners were likely to ignore their opponents completely

D. winners were likely to repeat their winning hand symbols

15. What is Ken Watson's view on the game?

A. Being relaxed is a sure ticket to winning.

B. Being confident can increase the chance to win.

C. Your chance of winning wholly depends on luck.

D. Your chance of winning relates to the size of your opponent.

Passage Two

Questions 16 to 20 are based on the following passage

Imagine walking through someone' s apartment. The rooms are almost empty, and the only pieces of furniture are a simple table and a folded sofa. There are no decorative objects lying around---just the essentials. You open the closet to find you can count the number of clothing items inside on one hand. The space seems more like a prison cell than a home, and you may think the resident cannot afford to buy more things to fill the apartment with.

It turns out that the apartment's owner is a minimalist (简约主义者) who chooses to limit his number of belongings. Minimalism goes against consumer society by dramatically reducing possessions. Minimalist follow this philosophy to varying degrees, but they generally claim that cutting back on excess stuff leads to a more fulfilling life.

With fewer possessions, they do not have to spend as much time cleaning, thinking about what they are missing, or trying to keep up with the latest trends. Minimalists say this frees up their time for things that they find meaningful, such as exercising, traveling and being with loved ones.

Extreme minimalism is not for everyone, but a mild form of it has grown in popularity recently, thanks to Marie Kondo's best-selling book, The Life-Changing Magic of Tidying Up. Kondo has become distinguished for her tidying skills, which she developed naturally. One of her main beliefs is that one should only own things that one truly loves.

It can be unpleasant to part with belongings, but Kondo's methods have helped millions to remove useless things. Her technique for making space is to go through things by category, starting with clothing, then books, papers, tiny objects, and finally, memorable items. She instructs her flowers to touch each object they own and keep only those that spark joy, promising that this will lead to domestic happiness.

Kondo stresses that it is not about throwing things away, but about "finding the things you want to remain with you" and striking a balance between personal joy and possessions. Even if you are not ready to become a minimalist, you may want to consider reducing the

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number of things you own, for it seems that letting go of things can truly make room for happiness.

16. Paragraph 1 describes a person who probably _____.

A. loves decorative objects

B. cannot afford the essentials

C. chooses to live a simple life

D. has a passion for counting his clothes

17. What does minimalism go against?

A. Reducing possessions.

B. Living a more fulfilling life.

C. Limiting the number of belongings.

D. Buying more things than necessary.

18. If people adopt the minimalist lifestyle, they will _____.

A. have a passion for cleaning

B. keep up with the latest trends

C. think about what they are missing

D. have more time for meaningful things

19. The mild form of minimalism becomes popular because of Kondo's _____.

A. top-selling book B. writing style

C. personal habits D. cleaning skills

20. According to the last paragraph, what is the real meaning of minimalism?

A. Finding the right balance between belongings and joy.

B. Placing your possessions before your personal happiness.

C. Throwing away as many personal belongings as possible.

D. Buying a lot more things to follow the latest fashion trend.

Passage Three

Questions 21 to 25 are based on the following passage

Today's grandparents are joining their grandchildren on social media. In the UK the over-55s are joining social media sites in increasing numbers, meaning that they will soon be the second biggest user group of these sites, with 3.5 million users aged 55-64 and 2.9 million over -65s.

Sheila, aged 59, says, "I joined to see what my grandchildren are doing, as my daughter posts videos and photos of them. It's a much better way to see what they're doing than waiting for letters and photos in the post. That's how we did it when I was a child, but I think I'm lucky I get to see so much more of their lives than my grandparents did."21. What is the major role of mobile app?

Unexpectedly, Sheila's grandchildren are less likely to use social media sites themselves. Children under 17 in the UK are leaving the sites - only 2.2 million users are under 17 – but they're not going far from their smartphones. Chloe, aged 15, even sleeps with her phone. It's my alarm clock so I have to," she says. "I look at it before I go to sleep and as soon as I wake up." Unlike her grandmother's generation, Chloe's age group is spending so much time on their phones at home that they are missing out on spending time with their friends in real life. Sheila, on the other hand, has made contact with old friends from school she hasn't heard from in forty years. "We use social media sites to arrange to meet all over the county," she says. "They have changed my social life completely."

Teenagers might have their parents to thank for their smartphone addiction (上瘾) as their parents are the early users of smartphones. Peter, 38 and a father of two teenagers, reports that he used to on his phone or laptop constantly. "I was always connected and I felt like I was always working", he says. "How could I tell my kids to get off their phones if I was always in front of a screen myself?" Thus, in the evenings and at weekends, he takes his SIM card out of his smartphone and puts it into an old-style mobile phone that can only make calls and send text messages. "I'm not completely cut off from the world in case of emergencies, but the important thing is I'm setting a better example for my kids and spending more quality time with them."

21. More and more over-55s in the UK are joining social media sites to _____.

A. develop their own websites

B. post their videos and photos

C. know about the lives of their grandchildren

D. form online habits similar to their children's

22. The underlined sentence in Paragraph 2 means _____.

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A. it was boring to wait for letters and photos

B. it was good for kids to post letters and photos

C. they used to wait for letters and photos in the post

D. they were fond of hearing from their grandparents

23. From Paragraph 3, we can see that children under 17 in the UK _____.

A. tend to use their smartphones less

B. are less interested in social media sites

C. like to interact with their parents online

D. spend more time with their friends in real life

24. Why does Peter use an old-style mobile phone in the evenings and at weekends?

A. He tries to be a model for his kids.

B. He thinks it is convenient to do so.

C. He needs to make an emergency call.

D. He wants to be cut off from the world.

25. What is the main idea of the passage?

A. How to develop better online habits.

B. Different online habits of different age groups.

C. Good habits of using smartphones and social media.

D. How to keep kids away from smartphones and social media.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the* ***ANSWER SHEET****.*

We all experience some kind of anger in our life. Some of us get angry easily, while others do not let anger control them. Anger can harm us physically and emotionally.

Anger has no specific reason. Things like an argument with your friend or job stress can make you angry. If things are going beyond your control, it is the right time that you learn some ways to control your anger. ____26____

Be patient and calm. ____27____ If something is not going the way you planned, do not get angry. Allow things to settle with time. Patience also gives you strength and courage to face any situation. Practice being patient in any situation, and the anger would automatically go away with time.

Breathe deeply. When you are in anger, before reading, just sit quietly, close your eyes and start breathing deeply. ____28____ Eventually, you will forget the reason for your anger.

Just smile. No matter how tough the situation is, smile! ___29____ Rather than thinking negatively, you should stay positive.

____30____ You can watch your favorite movie or sports match. You can also take a walk or listen to music. The purpose is to take your focus away from the situation that made you angry.

If nothing is working, try the old-tested formula of counting numbers. It will shift your focus from the actual thing, and it has benefited many people.

A. Engage yourself in some activities.

B. Depression can be caused by anger.

C. Patience is the key to all anger problems.

D. Others are very violent in their expression of anger.

E. Read the following advice on how to deal with anger.

F. A smile has proven to have a positive effect on the mind and soul.

G. Concentrate on your breathing pattern and think about the good things in life.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the* ***ANSWER SHEET.***

Machines that can learn are already among us and are changing the world in which we live. They offer great potential in areas including health-care and other public services, and may soon result in very sophisticated robots but we need to make conscious decision about how we want smart machines to develop.

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Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

中秋节为人们提供欢聚的机会，有利于培养家庭意识，而家庭意识与责任义务有着密切联系。家庭是社会的细胞，是社会稳定的基础，是社会凝聚力的来源。

Part IV Writing(20 points)

33.Directions: In this section, you should write an essay on ***How to Bridge the Digital Gap*** for the elderly based on the following information. The digital gap（数字鸿沟）has reduced the social participation of the elderly in recent years. Many of them have difficulties in using smart devices. Your essay should include:

(1) your understanding of this phenomenon

(2) measures that should be taken to help the elderly.

You should write at least 100 words in English. Please write your essay on the ANSWER SHEET.

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山东省 2022 年普通高等教育专升本统一考试

本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回．

注意事项：

1. 答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、考生号、座号填写到试卷规定位置上，并将姓名、考生号、座号填（涂）在答题卡规定的位置。

2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效。

第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效。

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A.that	B. alone	C. his	D. concerns	E. valuable	F. carefully
G. need	H. added	I. production	J. soil	K.than	L.which

It is estimated that there are now more smartphones ___1___ people on the planet. The manufacture and disposal of phones are clearly environmental ___2___. The US ___3___ has more than a quarter of a billion phones ready to be recycled and an extra 11million are ___4___ to this figure every month. It is reported ___5___ less than 20% of these phones end up actually being recycled.

The metals that are used in the ___6___ of smartphones are precious resources. Some ___7___ metals are often mined in extremely poor working conditions. If phones are not recycled, more and more of these metals ___8___ to be mined to keep up with the demand for new models. And when phones are buried under the ground, harmful elements leak into the ___9___, polluting groundwater. To reduce the negative effect of this problem, we should think ___10___ about how to recycle our old phones.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET.***

Passage One

Questions 11 to 15 are based on the following passage.

Many people love to collect things, but why? Psychologists and collectors have different opinions.

The psychologist Carl Jung believed that collecting is part of our ancient human history. Thousands of years ago, humans collected nuts and berries. They kept them carefully and ate them when there was no food. The best collectors survived long cold winters or seasons without rain. Their genes passed to future generations. Nowadays, we still have a collecting instinct.

Historian Philipp Bloom has a different opinion. He thinks collectors want to make something that will remain after their death. By bringing many similar items together, the collector gains historical importance. Sometimes their collections become museums or libraries, for example, Henry Huntington, who founded a library in Los Angeles to house his collection of books.

Author Steve Roach thinks that people collect things to remember their childhood. Many children collect things, but few have enough money to buy the things they really want, and they lose interest. In later life, they remember their collections fondly. Now, they have enough money and opportunity to find special items, and they start collecting again. This way, they can re-live and enjoy their childhood years.

Art collector, Werner Muensterberger, agrees that collecting is linked to childhood. But he believes we collect in order to feel safe and secure. While babies hold blankets or

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toys to feel safe when their mother isn't there, adults collect things to stop feeling lonely or anxious.

Autograph (亲笔签名) collector Mark Baker agrees that collecting is emotional, but he doesn't collect to reduce anxiety. “For me, it's the excitement," he says. "I love trying to get a famous person's autograph. Sometimes I succeed, and sometimes I fail. Also, by collecting autographs, I feel connected to famous people. I don't just watch them on television. I actually meet them."

These are just a few reasons for collecting. Do you know any people with collections? Why do they collect?

11. Carl Jung believed that collecting is _____.

A. an instinct for survival

B. an approach to growing berries

C. a means of learning psychology

D. a way ofpraying for good weather

12. According to Philipp Bloom, people collect things to _____.

A. write books for libraries

B. build houses in Los Angeles

B. build theatres in Los Angeles

D. acquire historical significance

13. According to Steve Roach, why do many children lose interest in collecting things?

A. Because they hold toys to feel safe.

B. Because they have too many special items.

C. Because they cannot remember their collections.

D. Because they cannot afford what they really want.

14. Mark Baker likes collecting autographs because it ____.

A. makes him rich

B. makes him famous

C. brings him great joy

D. reduces his anxiety

15. What is the passage mainly about?

A. Methods of collecting.

B. Reasons for collecting.

C. How to become less anxious.

D.How to remember one's childhood.

Passage Two

Questions 16 to 20 are based on the following passage

For many blind people and those with vision difficulties, life can be made easier with a guide dog. However, making a good guide dog takes much work. For many, the long road begins when the dog is a puppy (幼犬).

Take for example, the five 8-week old puppies that arrived at the Tipton Airport in Maryland early in February. They were loving, playful animals-like all puppies. Now however, these puppies are on the road to becoming useful members of society. If they prove themselves able, they could become guide dogs. They will help to improve the lives of people with vision loss and vision impairment. These faithful-friends-to-be are part of a training program of an organization called Guiding Eyes for the Blind. Born in New York, these puppies spent the first two months of their lives with their moms and siblings. They were bred (饲养) for health and the way they respond to their environment.

However, breeding alone will not be enough to turn these puppies into guide dogs. The puppies flew from the organization's head office in New York to Maryland. They will need training from dog training experts. They will also need to be looked after by volunteers called the Puppy Raisers. The goal of this caring by the Puppy Raisers and their families is to turn the dynamic playful puppies into well-behaved dogs. These are the qualities needed for a successful guide dog: well-bred, well-trained, and well-behaved.

The process will take about 14 to 16 months of weekly classes and testing. Training starts with the basics: name recognition, behavior, and commands such as “sit” and

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"down" . "The trainers then move on to more complex commands. After that, the puppies are given to the Puppy Raisers. The raisers and their families will show the puppies the world and how to act in **it.**

Cindy Tait, the Puppy Program manager of the Guiding Eyes for the Blind, said that other experts would keep a watchful eye on the training and help with any problems the raisers may have along the way. Once a solid, loving foundation is in place, puppies must leave their raisers and return to the training center of the Guiding Eyes for the Blind in New York for official guide dog training. Formal training is where the dogs demonstrate whether they will become a guide dog for the blind.

16. The phrase "the long road" in Paragraph 1 probably refers to _____.

A. the journey from New York to Maryland

B. the process of turning puppies into guide dogs

C. the journey from Maryland to the Tipton Airport

D. the process of transforming volunteers into puppy raisers

17. The word "impairment" in Paragraph 2 is closest in meaning to_____ .

A. damage

B. danger

C. impatience

D. imitation

18. Puppies will be trained by the Puppy Raisers to be _____.

A. well-behaved

B. passive

C. violent

D. well-shaped

19. What does the word "it" in Paragraph 4 refer to?

A. The program.

B. The world.

C. The testing.

D. The class.

20. Where will the puppies receive their official guide dog training?

A. In the manager's office.

B. In the Puppy Raisers' homes.

C. In the training center in Maryland.

D. In the training center in New York.

Passage Three

Questions 21 to 25 are based on the following passage

Food delivery services are a major contributor to single-use plastic waste. Plastic containers, drinking cups, and straws make up about 269,000 tons of plastic found in the oceans.

Restrictions on in-person dining during the COVID-19 pandemic lead many consumers to shift from in-person dining to takeout orders, increasing plastic waste. For something that is used very briefly for convenience, single-use plastics have long-term environmental consequences. Luckily, there are several ways for consumers to reduce their plastic use to the lowest level.

The first thing that anyone can do is simply not to use single-use plastics when it is not necessary. Consumers can refuse the use of unnecessary single-use items when they order takeout.

"If you'd like to see plastic waste reduced, write in the notes when you order that you don't want the extra packaging that might typically come with your order," says John Mann, executive director of a nonprofit organization. "Call and politely tell them you support reducing plastic waste, and see if they've considered moving to reusable packaging or other things that aren't plastic."

"While individuals play a large part in demanding companies and manufacturers to act and commit to sustainability, a top-down approach from policymakers may immediately and significantly reduce waste," says Moore, a Californian environmentalist. "Single-use plastic bans (禁令) have shown to be effective in reducing waste."

According to a 2019 study, California's ban on single-use plastic carryout bags can reduce 40 million pounds of plastic per year. Banning or imposing a tax on all single-use items, not just plastics, can be a much more effective strategy for reducing consumption and global sea pollution.

"If manufacturers were made responsible for disposing of or taking back the products and packaging they create, we would see a large-scale shift toward more circular models

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of consumption," says Moore. On the policy side, there is some movement toward holding manufacturers responsible for the life cycle of the products they produce, given that consumers and governments have been stuck with the disposal of large amounts of packaging and waste for decades, Moore adds. This kind of policy approach is called Extended Producer Responsibility. It is up to each of us to encourage our policymakers to continue promoting environmentally friendly behavior.

21. Restrictions on in-person dining during the COVID-19 pandemic result in ____.

A. fewer plastic bags

B. more plastic waste

C. fewer takeout orders

D. more in-person dining

22. The first thing that one can do to reduce the plastic use is to _____.

A. order more food on delivery apps

B. avoid using unnecessary single-use items

C. buy something used briefly for convenience

D. shift from in-person dining to takeout orders

23. According to John Mann, to reduce plastic waste, consumers may ask for _____.

A. extra dishes

B. extra straws

C. reusable packaging

D. plastic drinking cups

24. According to the last paragraph, manufacturers should _____.

A. produce more plastic bags

B. cut off supplies of reusable products

C. advise the government to increase state income tax

D. take responsibility for the life cycle of their products

25. What is the author's attitude toward reducing plastic waste?

A. Doubtful.

B. Tolerant.

C. Positive.

D. Unsure.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the* ***ANSWER SHEET****.*

Your happiness is like a retirement account: the sooner you invest, the greater your return will be, just as financial planners advise their clients to engage in a specific behavior. We can all teach ourselves to do some specific sense at any age to make our last decades much happier. ___26___

Don't smoke. ___27___The earlier you start the quitting process, the more smoke-free years you can invest in your happiness account.

___28___ If you have any drinking problem in your life, get help now. Although quitting drinking can be difficult, you will never be sorry if you make this decision.

Keep learning. ___29___ You don't have to go to Harvard, you simply need to engage in lifelong learning.

___30___ For most people, this includes a steady marriage, but other relationships with family, friends, and partners matter as well. The point is to find people with whom you can grow no matter what comes. You may develop the habits today and see where you need to invest a little more time, energy, or money. Starting moving in the right direction.

A. watch your drinking.

B. if you already smoke, quit now.

C. maintain a healthy body weight.

D. she is shocked when I show her the data.

E. develop stable, long-term relationships now.

F. more education means a more active mind in old age.

G. Here are some habits that could lead to happiness in old age.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the* ***ANSWER SHEET.***

What I hate most is to keep birds in cages. We enjoy them while they are shut up in prison. I must say that I always love birds, but there is a proper way of doing it. One who loves birds should plant trees, so that the house will be surrounded with hundreds of shady branches and be a home for birds.

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Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

中医是一种独特的医疗体系,也是中国传统文化的重要组成部分。不同于西医，中医把人体当作整体，与周围环境相互影响。中医博大精深，被认为是中国的第五大发明，值得更多的关注和研究。

Part IV Writing(20 points)

33.Directions: In this section, write an essay on ***How to Play a Leading Role in the National Reading Campaign*** based on the following information.

The first National Conference on Reading was held in Beijing on 23 April and a national campaign was launched to promote people's love of reading. As a college student, how should you play a leading role in this campaign? Your essay should include

(1) Your understanding of the national reading campaign;

(2) How to play a leading role in the campaign.

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山东省 2023 年普通高等教育专升本统一考试

本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回。

注意事项：

1. 答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、考生号、座号填写到试卷规定位置上，并将姓名、考生号、座号填（涂）在答题卡规定的位置。

2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效。第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效。

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A. if	B. which	C. take	D. medium	E. ago	F. that
G. formed	H. placing	I. including	J. levels	K.though	L.strategically

Weiqi or Go is an interesting board game which originated in China more than 4000 years ___1___. The game is played today by millions of people, ___2___ thousands in the United States. Its popularity in the United States continues to grow. It is said ___3___ rules of Weiqi can be learned in minutes. In fact, it can ___4___ a lifetime to master the game. The rules could not be simpler. Two players alternate in ___5___ black and white stones on a large ruled board, with the aim of surrounding territory. Stones never move, and are only removed from the board ___6___ they are completely surrounded.

Weiqi can teach concentration balance and discipline. It can also help develop the habit of thinking more ___7___. Each person's style of play reflects his or her personality and can serve as a ___8___ for self-reflection. Weiqi combines beauty and challenge. The patterns ___9___ by the black and white stones are visually striking. Children learn the game easily and can reach high ___10___ of mastery.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET.***

Passage One

Questions 11 to 15 are based on the following passage.

Temperatures are warming and daylight lasts longer. People who like to garden may be ready to **get their hands dirty** and start clearing the ground for new plantings. But garden experts warn - not too fast.

Jessica Damiano is one such expert. She says that removing plant matter too early can disturb important insects not ready for the cool early spring temperatures. In early spring, those insects are still sleeping. Removing the plant matter before the insects begin their life cycles would mean removing them from your garden. Fewer insects mean less food for birds and fewer flowers and vegetables for the gardener.

Damiano says experts do not all agree on the best time to start cleaning the ground and garden area in the spring. But they usually agree to wait until the temperatures are regularly above l0℃ . That is when sleeping insects "wake up". Some experts define "regularly" as at least five days in a row. Damiano says she usually waits seven nights. However, even then, she says to keep the plant matter on the ground for another week or so before removing it from your property. This gives any insects that are still "sleeping" enough time to wake up.

Early cleaning of a garden is often followed by early mulching. Applying mulch makes the garden look neat and clean. But Damiano reminds us that soil and plants are not just for show. They are part of a living ecosystem.

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Mulch is an important part of a healthy garden. It keeps soil wet, limits the growth of weeds, and helps keep soil temperatures even. But timing is important. Mulching before the soil has warmed enough will keep in the cold and slow the reawakening of the plants. This can also limit their growth. And if the soil is wet, early mulching can lead to mold, mildew, and fungal diseases. Before applying mulch, wait until it is safe to plant annuals and warm-season vegetables in your area.

ll. What does the underlined phrase "getting their hands dirty" in paragraphl mean?

A. To take a boring job

B. To play dirty tricks

C. To do their gardening

D. To sell their vegetables

l2. What will happen if the plant matter is removed too early?

A. More flowers will grow in the garden.

B. Some important insects will be taken away.

C. More sleeping insects will be eaten by birds.

D. The gardener will harvest more vegetables in fall.

l3. According to Damiano, when can a gardener start clearing the ground for new plantings?

A. After the flowers come out.

B. After the sleeping insects wake up.

C. Before the temperatures are above l0°C.

D. Before the insects begin their life cycles.

l4. Damiano thinks that early mulching may _____.

A. make the insects healthy

B. keep soil temperatures uneven

C. restrict the growth of the plants

D. reawaken the plants quickly

l5. This passage is probably selected from a _____.

A. fashion magazine　　B. weather report

C. sports newspaper　　D. gardening book

Passage Two

Questions 16 to 20 are based on the following passage

The man who made the first call from a wireless phone is now 94 years old. The year was l973. Martin Cooper operated a large, heavy new communication device on a street in New York City. The device was not physically connected to phone lines. But, Cooper was able to make use of it - he called a technology business competitor.

Fifty years later, the inventor says he hopes wireless phones can make life better but he also expresses some worries. "My most negative opinion is that we don't have any privacy anymore because everything about us is now recorded someplace," Cooper said. And, he says he is concerned about how easily young people can link to harmful online material on their cell phones. Cooper spoke with the Associated Press from Barcelona, Spain, where he attended the Mobile World Congress, the biggest telecom industry trade show. Cooper received an award there for his lifetime of work.

Cooper says he is an optimist. He believes the technology's best days may still be ahead in areas such as education and health care. "Between the cellphone and medical technology and the Internet, we are going to conquer disease," he said Monday, at the MWC.

Cooper was working for Motorola when he used the Dyna-Tac phone to make a call in April l973. Things have changed greatly since then. But, he said, "we had no way of knowing **this** was the historic moment." Cooper said there are still ways for the mobile phone to change. The first one he used weighed over l kilogram. Today, they are small. But he thinks one day, they will be more like a part of our body than something we hold. He said perhaps the human body can even power the phones. "The human body is the charging station, right," he asked. The body makes energy from food, he argues, so it could possibly also power a phone. Instead of holding the phone in the hand, for example, the device could be placed under the skin.

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Cooper said he also hopes there can be more protection for Internet users concerned about privacy and for children. Speaking about privacy concerns, he said: "it's going to get resolved, but not easily." He also said there should be a special Internet for children so they do not run into material made for adults. Cooper said the idea for the mobile phone came from a communication device used by the comic book character Dick Tracy. The imaginary detective had a wristwatch from which he could make phone calls.

l6. According to Paragraph l, Martin Cooper _____.

A. made the first wireless phone call in l973

B. invented a device physically linked to phone lines

C. operated a new communication device 94 years ago

D. used a wireless phone invented by his business competitor

17. According to Paragraph 2, Cooper thinks that mobile phones can easily _____.

A. increase business competition

B. protect the privacy of young people

C. expose children to harmful online materials

D. do something harmful to online technology

18.What does the underlined word "this" in Paragraph 4 refer to?

A. The Mobile World Congress.

B. Cooper's contribution to health care.

C. Cooper's call via the Dyna-Tac phone.

D. The award for Cooper's lifetime work.

19. Cooper thinks that the mobile phone in the future may _____.

A. weigh over 1 kilogram

B. be made of special metals

C. use energy directly from food

D. be powered by the human body

20. According to the last paragraph, what does Cooper suggest about protection for children?

A. Providing a special Internet for them.

B. Offering course on privacy protection.

C. Placing the mobile phone under the skin.

D. Allowing them to browse materials for adults.

Passage Three

Questions 21 to 25 are based on the following passage

A new study suggests the singing noises made by humpback whales(座头鲸) might be a sign of loneliness. Scientists who recorded humpback whale behavior in Australia discovered that fewer whales made the singing noises, also called wailing, as their population grew.

"Humpback whale song is loud and travels far in the ocean," said marine biologist Rebecca Dunlop of the University of Queensland in Brisbane. She has long studied humpback whales and helped lead the new study. Her work has centered on humpbacks that reproduce near Australia's Great Barrier Reef.

Dunlop told The Associated Press she made an unexpected find as whale numbers sharply rose following the end of commercial whaling (捕鲸). "It was getting more difficult to actually find singers," she said. Dunlop added, "When there were fewer of them, there was a lot of singing - now that there are lots of them, no need to be singing so much."

Scientists first began to hear and study the complex songs of the humpback whales in the 1970s. They used underwater microphones to do so. Only male whales sing.

Eastern Australia's humpback whales came close to disappearing in the 1960s, when their number dropped to around 200. But over time the population began to regrow, climbing to about 27,000 whales by 2015. That number is near estimated pre-whaling levels.

As the density of whales increased, their singing behaviors changed. While 2 in 10 males made wailing noises in 2004, 10 years later the number had dropped to 1 in 10, Dunlop said. The team's study appeared in a recent issue of Nature Communications Biology. Dunlop said she thinks singing played a big part in bringing in mates when populations were severely reduced. "It was hard just to find other whales in the area, because there weren't many," she added. When humpbacks live in denser populations, males looking for mates also have to deal with competing whales. Dunlop explained the singing noises might bring in other possible mates.

The research suggests the seas are still noisy with humpback whale sounds. Many

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humpbacks seek to bring inmates with a combination of singing and physical movements, the study notes.

The large increase in the humpback population during the study period provided valuable data about changes in the animals' behavior, said Simon Ingram. He studies humpback whales at the University of Plymouth in Britain. Ingram said humpback whales must have been singers long before whaling reduced their numbers. But the new study demonstrates how necessary their complex and beautiful songs were to their survival and recovery.

21. According to Paragraph 1, humpback whales make singing noises probably to _____ .

A. look for food　　B. attack rivals

C. lead other whales　　D. express emotions

22. According to Paragraph 2, what can we learn about Dunlop's finding?

A. All the whales are good singers.

B. Humpback whales are too lazy to sing.

C. Commercial whaling helps protect the Great Barrier Reef.

D. More humpback whales lead to reduction of' singing noises.

23. Why do male humpback whales sing?

A. To help them find mates.

B. To attract other male whales.

C. To resist commercial whaling.

D. To damage underwater microphones.

24. What's probably Dunlop's research field?

A. Ocean biology

B. Animal medicine

C. Physical science

D. Commercial whaling

25. According to Simon Ingram, humpback whales _____.

A. stop singing after the whaling end in Plymouth

B. rely on their songs for their survival and recovery

C. change their singing behaviors constantly in Britan

D. make more singing noises with the help of scientists

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the **ANSWER SHEET**.*

The benefits of having good leadership in the workplace have long been documented. A good leader can inspire employees to perform at their best, which can improve the efficiency of an organization. ___26___

Learn from the best. Think about leaders who you have worked under in the past. ___27___ You should always ensure that you have all viewpoints before you make your decision. Being a good leader is about commitment to being a better you. Consider taking an education course which will be of great help for you.

___28___ Good leaders must communicate effectively about their intentions, goals and expectations. You can organize meetings on a regular basis, receive feedback from your employees and never speak in anger to them.

___29___ A good leader must be able to inspire the employees to approach tasks in the best possible way. To do this you must become a hard-working person that the employees can follow.

Honor achievers. It is important that the employees who go above and beyond their basic job description should be rewarded for doing a good job. ___30___ This is a recognition that it takes all the people below you to make the company succeed.

A good leader not only accepts that a business is doing well, but also pushes the employees to be better than they are in order to achieve even more.

A. Lead by example.

B. Be a good communicator.

C. Improve the efficiency of your business.

D. Here are some ways to improve your leadership.

E. You should try to acknowledge a person who works hard.

F. There are as many creative processes as they are creative leaders.

G. Their personal experience and knowledge can help you become a great leader.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the **ANSWER SHEET.***

Your relationship with yourself will last your whole lifetime, so you should regard yourself as your best friend. Getting on well with yourself should be a top priority to you

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if you want to be a happy person. You can practice self-talk, build confidence, and focus on self-development. A healthy self-relationship can help you create a positive self-image which is vital for you to become the best version of yourself.

Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

黄河是中华民族的母亲河。保护黄河生态环境日益重要。我们要行动起来，精心呵护黄河，加强生态环境保护，促进人与自然的和谐发展，创造更美好的生活。

Part IV Writing(20 points)

33.Directions: In this section, you will write an essay on ***How to Improve Literacy Skills for English Learning.*** Digital literacy(数字素养) skills are important for language learners to find, evaluate and communicate information by using technology. As a college student, how should you improve your digital literacy skills for English learning?

Your essay should include:

1. The use of digital technology for English learning
2. The ways of improving digital literacy skills for English learning.

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山东省 2024 年普通高等教育专升本统一考试

本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回．

注意事项：

1. 答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、考生号、座号填写到试卷规定位置上，并将姓名、考生号、座号填（涂）在答题卡规定的位置．

2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效．

第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效．

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A.using	B. after	C. affected	D. who	E. make
F. period	G. investigates	H. whether	I. particularly	J. habits

A new study finds that getting a family dog is good for kids. The finding is part of a growing body of research that ___1___ how dogs can boost health, not just for kids but for people of all ages.

In the study, Australian researchers followed 600 children over a ___2___ of three years. They tracked kids ' physical activities by ___3___ monitors that measured things like how fast, long and intensely they moved. They also surveyed parents about their children's activities---and ___4___ they had a family dog or not. The researchers tried to see how the kids' activity levels were ___5___by dog ownership. Perhaps not surprisingly, both boys and girls in the study spent more time in playing in the yard ___6___ getting a dog. But the impact was ___7___ pronounced in girls. Adding a dog to the household increased young girls' physical activities by 52 minutes a day. It could ___8___ a meaningful difference to their health.

"Having a dog in childhood could help kids create healthy ___9___ around physical activities," says MacDonald, a professor at Oregon State University, ___10___has studied the physical and emotional benefits of dog ownership in kids.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET**.*

Passage One

Questions 11 to 15 are based on the following passage.

College professors these days face an ever higher bar to grab the attention of their students, forced to compete with the pulling power of smartphones and laptops in large lecture halls, But when your professor is a social media star, it is a little bit easier.

Tatiana Erkhimova, who teaches physics at Texas A&M University has managed to get her students, as well as future generations, excited about the science Known as "Dr.Tatiana" to her students and online fan base, the professor performs physics tricks with boundless energy and enthusiasm, videos of her theatrical demonstrations have attracted hundreds of millions of views across social media platforms .

As part of the physics department's extensive program, she also puts on shows almost every week teaching physics to K-12 students. The sooner kids are taught physics and taught it well, the better, she says. It is clear he knows what it takes to get young people excited about science. But it was not always that way.

When she first started teaching college freshman classes almost two decades ago, she says she struggled to grab the attention of her younger students. She was used to teaching

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juniors, as she had for a few years prior to that. By junior year, students majoring in physics are committed to learning, she says. But when it comes to teaching a large lecture hall of 100-plus first-year students, first impressions are make or break.

"I did not grab their attention on the first day---that was my mistake," she says, "missed this opportunity to bond with them from the very beginning" By the second semester, she adjusted her approach to make her lecture halls feel smaller, and get her students engaged.

The key, she says, has been to make herself approachable and her instruction personal. "Talk to your students before and after class, walk the stairs when you teach your class rather than stay on the stage. And don't just lecture, talk to them---make it interactive. When you ask question, you expect the answer, she says. "if you don't have the answer, you go to them and you still make them work with you---it's not always easy, but when you're close to them it's definitely easier."

11. According to Paragraph 1, professors find it more difficult to _____.

A. use smartphones in class

B. become social media stars

C. get students' attention in class

D. give lectures without using laptops

12. What can we learn about Dr. Tatiana from Paragraph 2?

A. She is a professor of online games.

B. She performs physics experiments in theaters.

C. She gains less energy from social media platforms.

D. She has made many young people interested in physics.

13. Which is closest in meaning to "make or break" in Paragraph 4?

A. Normal　　B. Crucial

C. Breakable　　D. Successful

14. According to Paragraph 5, Dr. Tatiana _____.

A. found the lecture hall too small

B. made a mistake in the second semester

C. got her students engaged at the very beginning

D. could reflect on and adjust her teaching accordingly

15. According to the last paragraph, good teachers should be able to _____.

A. give their lectures in an interactive way

B. persuade their students to stay on the stage

C. ask questions that most students cannot answer

D. force their students to get well prepared before class

Passage Two

Questions 16 to 20 are based on the following passage

This is one of two schools in Richmond where the city has installed new enforcement cameras to catch speeders. Fitz Patrick has two children at the school. She is also a traffic safety advocate for the nonprofit Greater Richmond Fit 4 Kids, which is why she owns a radar gun (雷达测速器).

Still, Fitz Patrick has mixed feelings about the speed cameras. She would rather see the whole street redesigned to discourage speeding and protect walkers and bicyclists. But she also knows that it will not happen anytime soon.

The number of traffic deaths has risen sharply over the past decade, and safety advocates around the country are desperately searching for anything that will get drivers to slow down. But critics say speed cameras can be a financial burden on those who are least able to pay. Still, they have earned the support of important safety advocates, including Jonathan Adkins, the chief executive officer of the Governors Highway Safety Association.

Police departments in many places have scaled down their traffic enforcement, Adkins says, and speeding and careless driving seem to be getting worse. He says automated cameras can help fill that blank. "The question is, how do we arrange them in a fair way with the public support?" Adkins said.

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No one likes getting a speeding ticket. But the objections to automated traffic enforcement go deeper than that. "It is doubtful that safety is the real goal," said Jay Beeber, with the Nation Motorists Association, a driver advocacy group.

"We need to make sure that our cities have all the tools that are effective to reduce traffic deaths," said Laura Friedman, a state lawmaker in California who sponsored the state law authorizing automated cameras. "We make sure it can't be a money grab, because the money can only be used for physical speed—lowering improvements on the same streets where you 're using the cameras," she said. "So it's really about changing the culture and slowing traffic down."

16. Fitz Patrick has a radar gun because _____.

A. she is a traffic safety advocate

B. she has two children at the school

C. she has new cameras to catch speeders

D. she is a school headmaster in Richmond

l7. According to Paragraph2,Fitz Patrick thinks that _____.

A. more speed cameras will soon be fixed

B. redesigning the whole street is a better choice

C. state lawmakers should redesign speed cameras

D. the newly-installed cameras encourage speeding

l8. What is the main idea of Paragraph 3?

A. Drivers find speed cameras can protect their safety.

B. There are different views on the use of speed cameras.

C. Speed cameras have caused a sharp rise in traffic deaths.

D. Safety advocates are desperately searching for slow drivers.

l9. What is Jonathan Adkins' attitude toward installing speed cameras?

A. Critical. B. Intolerant.

C. Sympathetic. D. Unconcerned.

20. According to Laura Friedman, automated cameras are used to _____.

A. sponsor the state law

B. collect more money for schools

C. let drivers respect the speed limit

D. improve the traffic flow in the city

Passage Three

Questions 21 to 25 are based on the following passage

Experts suggest that Americans stop worrying about getting a perfect eight hours of sleep, and warn that stressing about the magic number may actually result in a drop in sleep quality and duration.

Dr.Reena Mehra, a director of sleep research at the Cleveland Clinic, held that focusing too much on falling asleep may interrupt the process. "It works against the individual," she said.

According to the Centers for Disease Control and Prevention, more than a third of Americans do not achieve the recommended seven to nine hours of sleep per night. The agency also found that quality sleep is determined by major sleep episodes that do not have frequent awakenings.

One paper looking into the ideal amount of sleep found that "Sleep duration recommendations issued by public health authorities help to inform the population of interventions, policies, and healthy sleep behaviors. However, the ideal amount of sleep required each night can vary between different individuals due to gene-related factors and other reasons, and it is important to adapt our recommendations on a case-by-case basis.

In the past, a lack of sleep was a sign to bosses that a person was productive and successful. But today, people try to create strategies to make the best use of their rest.

Researchers, scientists, psychologists and individuals in the sleep business said that the best course of action when it comes to sleep is to relax.

Albert Einstein College of Medicine clinical associate professor of psychology Dr. Shelby Harris said patterns and routines are more important than the magic eight-hour number. However, she stressed that people do not need to be so rigid that they can no longer sleep at all if they have to break from their routine to work late or deal with a restless child. Harris also noted that it is essential to remember that humans were able to sleep peacefully well before the invention of drugs and technology. "The pressure we put on ourselves is making sleep worse," she said.

2l. In writing Paragraph 2, the author aims to _____.

A. give a definition

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B. draw a conclusion

C. make a comparison

D. support a viewpoint

22. According to Paragraph 4, the ideal amount of sleep required each night _____.

A. can affect genes

B. is based on policies

C. is different from person to person

D. should be revised by public authorities

23. According to Paragraph 5, in the past, a person lacking sleep was probably regarded as _____.

A. an old person

B. an able person

C. a person creating strategies

D. a person making good use of his or her rest

24. According to the last paragraph, Dr. Shelby Harris thinks that _____.

A. rigid persons need longer sleep

B. a magic number can make you peaceful

C. good sleep habits can improve your sleep quality

D. drugs and technology are essential for a restless child

25. Where is the passage most probably taken from?

A. An essay on trade.

B. A report of public health.

C. A review of a sports event.

D. An introduction to an agency.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the **ANSWER SHEET**.*

Jumping rope has a long history and it is still good for people to do today. ____26_____ Indeed, the health benefits of jumping rope are many and affect multiple systems throughout the body. _____27_____ The exercise is also great for improving blood pressure and heart rate.

_____28_____ Some reports show that you can burn as many as 500 calories in only 30 minutes of the activity. Whencoupled with a calorie-reduced diet, jumping rope can help reduce your body weight and body fat from three to sevenpounds in eight weeks.

Because of such benefits, many want to participate in the activity, though some do not know where to begin. Thereare some good tips for beginners.

It is important to get the right rope length to begin with. _____29_____ As you advance. you may find that a shorter rope ismore to your liking because it will aid you in increasing your skipping rate.

_____30_____ You should jump softly and low to the ground, and keep your hands low and close to your body. As you improve, you may add no more than 10% additional volume per week.

It is also important to stretch properly to prevent injures. You can get your body used to the motion of jumping up and down before involving the coordination (协调) required of using a rope.

A. The most important thing is to start slow.

B. What are the health benefits of jumping rope?

C. Jumping rope can also help people lose weight.

D. Regular practice of the sport strengthens muscles.

E. Non-running exercises can be beneficial for old people.

F. This simple piece ofexercise equipment does not sell well.

G. The rope should be about 3 feet longer than your total height.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the **ANSWER SHEET.***

As the notion of aging changes, it is unnecessary for the elderly to worry too much about aging. They should have a positive outlook on life, for optimistic people are more likely to lead longer and healthier lives. Of course, a positive attitude does not come naturally to everyone. The elderly should change mindsets and imagine a brighter future.

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Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

在不久的将来，我们会走向工作岗位。不管从事何种工作，我们都要爱岗敬业，相信自己从事的是伟大的事业。工作中要重视自己的职责，发挥独特的才能。如果全心全意地投入工作，我们就会成功，生活就会更有意义。

Part IV Writing(20 points)

33.Directions: Suppose you are Li Hua. Write a letter to Chris, a foreign friend of yours to introduce a creative cultural gift (文化创意礼品) made by yourself. Your letter should include:

1) a description of the gift;

2) the reasons for making the gift.

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本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回。

注意事项：

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2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效。第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效。

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A.when	B. how	C. spends	D. rarely	E. stay
F. physically	G. passion	H. done	I. younger	J. wise

A man who is 92 years old is teaching others the secret of ___1___ to live a long and healthy life. Ivan Pedley, a retired toolmaker, plays table tennis twice a week and has no plans to stop any time soon. He took up the sport ___2___ he was 14 years old, and now, 78 years later, he is still playing. Each time he usually ___3___ three hours playing table tennis. He often goes up against opponents who are much ___4___. Although he may have slowed down a bit over time, he ___5___ gets knocked off the table and his success at the sport is all about “technique ”. He first found his ___6___ for table tennis while he was a teenager and let it go for a while in his 20s. He then started playing regularly again while also continuing to ___7___ involved in bowling and swimming.

Playing table tennis helps to keep healthy. Continuing to play it well into his senior years is the best thing he has ever ___8___. It is ___9___ of you to be active and remain connected to others and take care of yourself both ___10___ and mentally.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET.***

Passage One

Questions 11 to 15 are based on the following passage.

"Ben was a superstar office cat, and he stole my heart," said Chloe Sternlicht, a senior manager at the ASPCA Adoption Center. The woman greet me every morning with head rubs."

That fall Yulia and her daughter were planning to adopt their first cat. They already had two dogs at home and were hoping to find the ideal companion (伙伴) for their family. They reached out to the Adoption Center and asked Chloe to help them figure out which cat would be the right fit. Ben was adopted.

In his new home, Ben adjusted very fast, and showed off his high confidence right away! "He immediately wanted to explore everything, which we allowed under careful supervision," Yulia says.

For the first few days, Ben was a bit cautious in his new surroundings and stayed independent, but he still asked his new friends for plenty of attention and praise." And now he's an incredibly playful, confident and loving cat who always wants to be with you, following you from room to room," Yulia says.

Ben is now 15 years old, and things could not be better for him and the rest of the family. He shares his affection regularly, climbing up to everyone's side — even the dogs! Despite his age, every evening includes playtime with Ben's collection of toys, and then an

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exuberant game of fetch around the apartment. When it is time for a meal, he will even lead his family over to the refrigerator to let them know that he's hungry!

Yulia feels that Ben changed their lives in the biggest way. When they come home from school or work, they are always greeted by a loud meow (喵), asking for attention. "In our experience with Ben, we've learned that senior cats are truly the sweetest and most loving," Yulia says."Senior cats will truly reward you with so much love and affection."

11. What did Yulia and her daughter plan to do that fall?

A. Keep a new pet. B. Run a company.

C. Clean their house. D. Buy a refrigerator.

12. What can we learn about Ben in his new home?

A. He did not eat. B. He did not sleep.

C. He adapted quickly. D. He fought with the dogs.

13. When Ben is hungry, he will _____.

A. play games with the dogs

B. stay close to Yulia's daughter

C. remind his family to feed him

D. give a greeting to his new friends

14. According to the last paragraph, what is Yulia's attitude toward senior cats?

A. Unsure B. Bad

C. Doubtful D. Positive

15.Where is the passage most probably taken from?

A.A review of plays B.A book of sports events

C.A magazine of toy D.A news report of animals

Passage Two

Questions 16 to 20 are based on the following passage

Walking is one of the simplest and most accessible ways to stay fit, but taking a few steps backward could even greater benefits. This movement, known as backward walking, is not new. Records suggest that backward walking has been part of traditional exercise routines for centuries. Now, researchers are uncovering just how powerful this small change in movement can be.

Unlike forward walking, which primarily engages the ankles, backward walking shifts the workload to the knees. This little change make different muscle groups active, offering unique benefits for strength and mobility (灵活性). Janet Dufek, a professor at the University of Nevada, has researched backward movement extensively for over 20 years. She found that backward walking increases leg flexibility and improves balance and stability.

But the benefits go beyond flexibility. According to the American College of Sports Medicine, backward walking burns 40 percent more calories per minute than forward walking. A 2014 study found that women between the ages of 20 and 40 who followed a six-week backward walking program lost body fat and improved their overall fitness.

Recent research suggests that backward walking does more than strengthen muscles—it also sharpens cognitive (认知 的) function.A 2019 study found that participants who walked backward for 10 to 15 minutes three to four times a week showed greater improvements in balance and stability than those who stepped forward or remained inactive.

"Backward walking improves cognitive function by improving spatial awareness and coordination (协调), because it is an activity that needs greater concentration and focus," says Ashvin Nadkarni, an assistant professor at the Harvard Medical School.

If you are willing to try it, you'd better bear in mind that safety is key."Just be careful in your practice.Use of a running machine can reduce some risks," says Dufek."Ensure that your walking space is safe without the danger of tripping over yourself."

16.Records indicate that backward walking _____.

A. has a long history B. brings few benefits

C. harms one's health D. needs special training

17.According to Paragraph 2, Janet Dufek found that backward walking _____.

A. destroys the balance

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B. causes more pain

C. makes legs more flexible

D. makes muscle groups inactive

18.What can we learn about backward walking from Paragraph 3?

A. It helps to lose weight.

B. It burns fewer calories.

C. It increases the amount of fat.

D. It only improves flexibility.

19.Ashvin Nadkarni thinks that backward walking _____.

A. needs more attention

B. requiring better tools

C. costs much more money

D. makes muscles weaker

20.What is the passage mainly about?

A. The dangerous exercising.

B. The benefits of backward walking.

C. The advantages of forward walking.

D. The development of cognitive function.

Passage Three

Questions 21 to 25 are based on the following passage

From a plane, cars on the highway look like ants. But unlike cars, ants somehow manage to avoid the problem of stop-and-go traffic. Researchers are studying these insects' cooperative methods to learn how to program self-driving cars that do not jam up.

The free flow of traffic becomes unstable as the density (密度) of cars increases on a highway. At 15 vehicles per mile per lane, one driver tapping the brakes can cause traffic jams. "It's like water turning from a liquid to a solid form," says Katsuhiro Nishinari, a physicist at the University of Tokyo.

Nishinari's previous research shows that ants can maintain their flow even at high densities. So what is their secret? According to a recent study, ants do not jam because they travel in groups of 3 to 20 that move at nearly constant rates while keeping good distances between one another—and they do not speed up to pass others.

Human drivers at rush hour, however, are hardly willing to follow such rules. "We're maximizing our own interests, which is why we start to have a traffic jam at a given point," says Nikola Pagon, a researcher at the University of Toronto.But self-driving cars, if they one day are widely used, could have more cooperative programming.In one vision of this future, they would share information with nearby cars to optimize (优化) traffic flow.

Today's drivers can learn at least one thing from ants to avoid causing a traffic jam: do not drive too close to the cars ahead by leaving room between their car and the one in front, drivers can absorb a wave of braking in dense traffic conditions that would otherwise develop into a serious traffic jam with no obvious cause."Just keeping away can help traffic flow smoothly," Nishinari says.

21.Researchers are studying ants' cooperative methods to _____.

A. build better highways

B. control ants on a farm

C. teach new drivers how to pass others

D. program self-driving cars to avoid traffic jams

22.According to Paragraph 2, one driver tapping the brakes can cause traffic jams when _____.

A. drivers cooperate well

B. the density of cars increases

C. ants are crossing the highway

D. the flow of traffic is very stable

23.Nikola Pagon thinks that a traffic jam may occur if drivers _____.

A. drive at the same speed

B. maximize their own interests

C. share information with nearby cars

D. have no idea as to what causes a traffic jam

24.According to the last paragraph, drivers can avoid a serious traffic jam by _____.

A. waving at other drivers

B. ignoring the density of fog

C. leaving their cars unlocked

D. keeping away from the cars ahead

25.What is the passage mainly about?

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A. Features of racing cars in the future.

B. Strategies used by ants to hunt for food.

C. How ants may save you from future traffic jams.

D. How people keep a safe distance between each other.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the* ***ANSWER SHEET****.*

In winter, colder weather impacts on all our lives, and it can be both a challenge and an opportunity for improving our overall health.Focusing on our health is particularly crucial. _____26_____

Be smart about layering. If we are not dressed properly, cold weather can make physical activity tiring. _____27_____ Such kind of clothes can make us comfortable without sweating heavily, which can actually make us feel colder when it is damp.

Drink enough water. Many people drink less water in winter, but water is just as important as in summer. _____28_____ It can also prevent dry and heated indoor air from leading to dry skin and brain fog.

_____29_____ Colder weather can slow digestion and metabolism（新陈代谢）, making it important to consume foods like warming soups, which promote better digestion and nutrient absorption during colder months.

Make sure that we exercise regularly. It is important to be consistent with our exercise routine, whatever the weather. We often exercise less in winter because the weather is not so good, but we simply have to keep going. _____30_____ So whether the weather is good or bad, we need to keep exercising.

By implementing these strategies, we can boost our health in cold weather.

A. Consume warming foods.

B. The key to better health is consistency.

C. Here are some effective ways to enhance our health.

D. Parts of the country may experience snow this weekend.

E. Avoid touching your face, as hands can introduce viruses.

F. Water keeps our energy levels stable and prevents tiredness.

G. Choose clothes that can keep us warm without overheating.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the* ***ANSWER SHEET.***

One summer night, I found that the entire sky above my head is a sea of stars. I enjoyed seeing the beauty. I felt very small when I realized the hugeness of the universe. Yet, I also realized I was a part of the universe. Then my heart filled with joy and happiness.

_____

_____

_____

_____

_____

_____

_____

_____

_____

Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English. Your translation should be written clearly on the ANSWER SHEET.

音乐能让锻炼更有趣。锻炼时听音乐可以提高我们的耐力，注意力和自我控制力。还可以改善我们的情绪并减少焦虑。音乐能让我们更健康，更自信，更快乐。

_____

_____

_____

_____

_____

_____

_____

_____

Part IV Writing(20 points)

33.Directions: Suppose you are Li Hua, a student at HongXing College. Write a letter to apply for the membership of the International Cultural Tourism Innovation Team（国际文化旅游创新团队）. Your letter should include:

姓名_____ 班级_____ 封 线 密

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(1) a brief self-introduction;

(2) the reasons for your application.

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密 封 线
班级 姓名

山东省 2026 年普通高等教育专升本统一考试

本卷分为第Ⅰ卷和第Ⅱ卷两部分，共 10 页．满分 100 分．考试用时 120 分．考试结束后，将本试卷和答题卡一并交回．

注意事项：

1. 答题前，考生务必用 0.5 毫米黑色签字笔将自己的姓名、考生号、座号填写到试卷规定位置上，并将姓名、考生号、座号填（涂）在答题卡规定的位置。

2. 第 Ⅰ卷每小题选出答案后，用 2B 铅笔把答题卡上对应题目的答案标号涂黑；如需改动，用橡皮擦干净后，再涂选其他答案标号，答在本试卷上无效。

第Ⅱ卷答题必须用 0.5 毫米黑色签字笔作答，答案必须写下答题卡各题目指定区域内相应的位置；如需改动，先划掉原来的答案，然后再写上新的答案；不能使用涂改液、胶带纸、修正带．不按以上要求作答的答案无效。

Part Ⅰ Cloze (15 points)

Direction: *In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in the box. Read the passage through carefully before making your choices. Each choice in the box is identified by a letter. Please mark the corresponding letter for each choice on the **ANSWER SHEET**. You may not use any of the words in the box more than once.*

A.what	B. opened	C. ago	D. replace	E. who
F. charged	G. buying	H. rewarding	I.choices	J. more

Refilling a bottle, rather than throwing it away, has become a popular way for people to reduce waste, lots of refilling stores have ___1___ in recent years. At Lushka Refillable Zero Waste store in Tampa, customers bring in reusable containers to fill with soap, shampoo and cleaning supplies instead of ___2___ products in single-use packaging. The idea is to reduce packaging waste by reusing ___3___ people already own.

Customers' containers are weighed first, then filled. They are ___4___ by the amount of product added. For the customer, Julie Hughes, the act of refilling is ___5___. Hughes discovered the store two years ___6___ while looking for skincare products. "When you do something positive, you feel good, " Hughes said. "There are so many big problems in the world, but we cannot solve all of them, but we can make right ___7___. Still, refilling does not mean lower environmental impact. Reusable containers require ___8___ energy and materials to produce. Experts emphasize that refilling programs are not a perfect method, but when they ___9___ single-use packaging, they can help reduce waste. " Small things do add up. When you have millions of people ___10___ are all doing small things, that can make a difference," said Miller, a professor at the University of Michigan.

Part Ⅱ Reading Comprehension (45 points)

Section A (30 points)

Directions: *In this section, there are three passages. Each passage is followed by five questions or unfinished statements. For each ofthem there are four choices marked A, B, C and D. You should decide on the best choice and mark the corresponding letter on the **ANSWER SHEET**.*

Passage One

Questions 11 to 15 are based on the following passage.

Almost everyone has faced this situation. A plan gets fixed for dinner, a movie, or a small get-together. Later, something unexpected comes up. Work runs late, energy drops, or a headache starts. The moment we think about canceling a plan, guilt follows. Because of this guilt, many people force themselves to go out even when staying at home makes more sense.

People tend to think canceling plans hurts others much more than it actually does. The study shows that most people do not react as strongly as expected. In many cases, forgiveness comes naturally, making the worry unnecessary.

After canceling plans, many people start worrying about how to make up for it. A common question appears: How much effort is enough to fix the situation? This worry often leads people to think that the other person expects something big in return. The study shows that cancelers believe expensive gifts or large favors are necessary. In reality, most people expect much less.

Researchers also looked at what happens when someone offers something immediately after canceling plans, such as tickets or a future get-together. This gesture

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helped reduce worry, but it did not remove it completely. Even when the person who was canceled on found other plans and stayed busy, the canceler often continued to feel uncomfortable. This reaction shows that the stress does not come mainly from the situation or the outcome. Instead, it comes from internal thoughts and assumptions.

Canceling plans does not mean a friendship will break. Most people understand that life gets unpredictable. Honest communication matters more than perfect attendance. A short message, a clear reason, and a plan to meet later often feel like enough. Big gifts or heavy favors are rarely necessary. Knowing this can reduce social stress.

11.According to Paragraph 1, people who consider canceling plans may feel _____.

A. Excited　　B. guilty

C. Angry　　D. nervous

12.According to Paragraph 2, the study reveals that most people _____.

A. are fond of staying at home

B. are used to canceling plans

C. react as strongly as expected

D. naturally show forgiveness

13.After canceling plans, cancelers tend to _____.

A. ask their friends for help

B. expect a big gift in return

C. consider how to make up for it

D. remove their worries completely

14.According to Paragraph 4, the cancelers' stress is mainly from _____.

A. inside the mind

B. within the family

C. others' expectations

D. friends' assumptions

15.What do we learn from the passage about canceling plans?

A. It is a big social failure.

B. It will reduce financial burdens.

C. It is more acceptable than we think.

D. It will do damage to the friendship.

Passage Two

Questions 16 to 20 are based on the following passage

Last summer, Ava's preschool class did a lesson on safety, teaching her to call 911 in an emergency. Since then, Alison Lundberg, a communications executive, told her 4-year-old daughter Ava repeatedly that she should call 911 if someone is sick, there is a fire or there is another kind of emergency at home. Lundberg, whose family members only had mobile phones, got a landline (固定电话) for her daughter these days.

These days, Ava mostly talks on the phone to her grandparents. Doing so allows her to manage her relationship with them, so her parents do not have to schedule calls. Lundberg will still listen in from the start sometimes, "because it's pretty funny." Establishing these kinds of connections means "there's some joy" in having a landline, Lundberg said.

It does not work as well when your kids get older if their peers (同龄人) do not have landlines, which is why Lundberg has convinced some mom friends to join what she calls her "revolution". Doing so will help her daughter when she is older. "She'll already be talking on the phone, and she'll already be having conversations with her friends, and if we can get more friends talking on the phone, then hopefully we can delay the introduction of social media," she says.

Kids are also learning how to have proper phone conversations. Bianco, Lundberg's friend, taught her kids to say "Hello," or "This is the Bianco residence," when they answer the phone. When they place calls, they have to say who they are and whom they would like to speak with when someone picks up. "By doing all these things, they are learning manners and how to speak formally," she said.

"Should you consider a landline for your kids? It depends," said Dr. Shayl Griffith, a clinical psychologist at Florida International University.

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班级_____

You can start by coming up with a media plan based upon your family's priorities and circumstances. "Just jumping to the landline is missing the whole point," Griffith said. Instead, you should think about things such as what your children want to get out of their media use and social situation.

16.According to Paragraph 1, why did Alison Lundberg get a landline?

A. To keep in touch with her colleagues.

B. To avoid using cell phones too much.

C. To take part in a summer class for children.

D. To help her daughter deal with emergencies.

17.According to Paragraph 2, Ava mainly uses the landline to _____.

A. discuss questions with her friends

B. communicate with her close relatives

C. stay well connected with her teachers

D. chat with kids from foreign countries

18.What does Lundberg's "revolution" mean in Paragraph 3?

A. Fighting against social media firms.

B. Getting landlines ringing in homes again.

C. Convincing her peers of using mobile phones.

D. Stopping children from playing online games.

19.According to Bianco, using landlines can help kids _____.

A. acquire new technical skills

B. get social media knowledge

C. learn proper phone manners

D. find their friends' residences

20.What is Dr. Shayl Griffith's attitude towards getting landlines for kids?

A. Objective.　　B. Doubtful.

C. Negative.　　D. Unconcerned.

Passage Three

Questions 21 to 25 are based on the following passage

When you picture a desert, you probably imagine a vast, empty landscape far from any water. But surprisingly, some of the driest places on Earth lie right beside the ocean. How did these extreme deserts form in places bordered by so much water?

There are three main factors that allow deserts to form next to oceans: how air goes straight up or down, how air moves horizontally (水平地), and how mountain ranges interact with air moisture (水汽).

If you look at a world map, you will notice that most deserts sit above or below the equator. That is because the equator receives the most direct sunlight and causes the air to warm and rise. As the warm air rises, it creates a low-pressure system-a region where atmospheric pressure is lower than its surrounding area. Any moisture in the air cools and changes into clouds and rain. That rising air spreads outward and sinks between 20 and 40 degrees north and south of the equator, and stops cloud formation-which explains why there are so many deserts along the subtropical belt (亚热带), such as the Sahara Desert.

Then, there is the horizontal movement of air across the planet. Strong winds blow all the time towards the equator and then to the west. These winds tend to drop moisture on the eastern sides of continents, leaving their western sides drier. In the case of the Namib Desert, for example, when it does rain, that rain does not fall in the desert itself but rather in the mountains to the east.

The presence of mountains impacts the dryness of these deserts as well. When air moisture is forced over a mountain range, it cools and drops rain on the windward side. By the time the air goes down the mountain range on the opposite side, much of its moisture is gone, creating a rain shadow, or an area by the mountains that gets reduced rain.

These factors give coastal deserts unique features that are not found in other deserts. They tend to have cooler and more stable climates than inland deserts, and they are home to plants and animals that are able to capture moisture.

21.According to Paragraph 1, the extreme deserts refer to those _____.

A. around cities

B. far from lakes

C. close to oceans

D. near thick forests

22.Why are there many deserts along the subtropical belt?

A. Because clouds are not easily formed.

B. Because the weather is not hot enough.

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C. Because this area is too far from mountains.

D. Because this area receives the most direct sunlight.

23.What is the main factor that helps to form the Namib Desert?

A. How air moves horizontally.

B. How air goes straight up or down.

C. How mountain ranges interact with wind.

D. How mountain ranges interact with air moisture.

24.According to Paragraph 5, when the air goes down the mountain range, _____.

A. a rainbow will appear

B. there will be a heavy rain

C. moisture will be increased

D. there will be a rain shadow

25.What is the passage mainly about?

A. The functions of coastal deserts.

B. The formation of coastal deserts.

C. The features of subtropical deserts.

D. The expansion of subtropical deserts.

Section B (15 points)

Direction: *In this section, some sentences have been removed. For Questions 26-30, choose the most suitable one from the list A-G to fit into each of the numbered blanks. There are two extra choices, which do notfit into any ofthe blanks. Markyour answers on the* ***ANSWER SHEET****.*

Social support from colleagues is a strong source of connection. Its importance is widely recognized. ____26____

People are social beings and the mere presence of others can be stimulating. ____27____ Colleagues need to seek out each other's company and work together. Teamwork is very necessary because colleagues can communicate with each other in an open way.

____28____ For example, employees who work from home use instant messaging or texting to stay in touch with others. The presence of others does not always have to be physical.

____29____Colleagues can offer you advice, practical support and information, or even by taking over your tasks for a while. Bad news ever knows, but colleagues often give much better advice. Instrumental help from colleagues is not only fun, but also helps you get the job done better or faster.

____30____ The saying "Shared sorrow is half a sorrow. Shared joy is double joy" points to the importance of emotional help. For example, a Monday morning chat about your weekend may offer added value if you can really build up a personal bond with your colleagues.

In short, social support from colleagues in all its forms-is important. It may be one of the most important factors to be enthusiastic about your work.

A. Colleagues offer instrumental help.

B. Colleagues also offer emotional help.

C. But receiving support is not always without risk.

D. Colleagues can use their knowledge in everyday life.

E. Here are some ways that colleagues can provide support.

F. The virtual presence of colleagues can also be important.

G. Being able to work with others in a space is motivating in itself.

Part Ⅲ Translation (20 points)

Section A (10 points)

31.Directions: *Read the following passage carefully and then translate it into Chinese. Your translation should be written clearly on the* ***ANSWER SHEET.***

In recent years, an increasing number of Chinese games are catching attention globally. For young people overseas, Chinese games are becoming a new form of digital cultural experience. The story of Chinese games going global tells how "Created in China" is crossing boundaries of language and culture. It also shows a new image of Chinese brands in the world.

_____

_____

_____

_____

_____

_____

_____

_____

Section B (10 points)

32.Directions: Read the following passage carefully and then translate it into English.

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Your translation should be written clearly on the ANSWER SHEET.

信息时代，我们习惯用手机给朋友发送祝福。然而，也有人喜欢自制贺卡表达心意。手工贺卡需要亲自书写、设计，朋友收到时会倍感温暖。因此，在享受时代带来便捷的同时，也要尊重传统表达祝福的方式。

Part IV Writing(20 points)

33.Directions: In this part, you should write a letter of no less than 100 words in English based on the following information.

Learning Chinese is becoming popular among foreigners. Suppose you are Li Hua. Write a letter to David, a foreign friend of yours, to stimulate his interest in learning Chinese by taking one Chinese character (汉字) as an example. Your letter should include:

1.a brief description of this Chinese character;

2.the reasons why you choose this Chinese character.

You should write neatly on the ANSWER SHEET.

姓名_____ 班级_____ 封 线 密

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2020 年真题答案及解析

选词填空：

1. J. those

指代前文 people，意为“那些人”，than those who do not 比起那些不去的人。

2. K. for

for + 时间段，表持续多久，for 15 years 长达 15 年。

3. A. studied

句意：他们研究这些人外出频率与参与的活动类型，全文过去时态。

4. D. who

定语从句，先行词 people，关系代词 who 作主语。

5. L. less

less likely 可能性更低，即未来 14 年内死亡概率低 30%。

6. C. by

by doing sth. 通过做某事，通过参与文艺活动延长寿命。

7. G. truth

a lot of truth 很有道理、可信度很高。

8. F. improve

情态动词 could 后接动词原形，改善心理健康、衰老、孤独等问题。

9. I. recently

副词作状语，最近宣布计划。

10. B. continuing

the importance of doing sth. 持续探究影响健康的新型社会因素。

阅读理解

passage 1

11.C

原文首段：the goal is the same--get the candidate who is the best fit for the position

公司面试目的是找到适合岗位的合适人选。

12.B

原文：employers often don't have a much better feeling for the candidate

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传统面试弊端：面试官无法深入了解应聘者。

13.D

原文： this helps employers hire someone with whom current employees could get along

组建招聘团队是为了确保新人能和老员工和睦相处。

14.A

diversity 含义：多样性，等同于 variety。

15.B

全文主旨：介绍招聘流程里的新趋势。

passage2

16.D

原文：can influence the decisions of followers 网红能够影响粉丝的购物决定。

17.A

原文：Brands ask influencers to market their products

企业找网红是为了售卖推广产品。

18.C

第四段讲述网红助力扶贫助农成效显著，因此很多人想成为网红为脱贫出力。

19.C

原文： The best way to connect with your followers is to decide which medium you should use

拉近粉丝最好的方式是选对网络平台。

20.D

全文先介绍网红作用，重点讲解成为社交媒体网红的五大技巧。

passage 2

21.C

原文：These apps offer a simple money management service to children 这类软件主要作用是打理零花钱。

22.B

文中说明 Gimi 这款软件旨在教孩子预算、利率、收入等金融知识，让孩子建立

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基础金融观念。

23.C

Philip 认为软件能培养孩子理性消费习惯，树立正确金钱观。A 错误，经济学位不代表会理财；D 错误，线上金钱交易才抽象，现金易懂。

24.A

Catherine 提出理财教育需要系统化、有条理，最好单独设课程教学。

25.B

全文围绕教孩子理财的新式方式（儿童理财 APP） 展开。

七选五：

26.B

承接上文网络各类资讯，转折说明并非所有内容都是真实的，引出虚假新闻。

27.D

下文开始逐条讲辨别方法，此句引出：看看下面建议，别上当受骗。

28.A

本段围绕配图展开，主旨为警惕虚假图片。

29.F

前文建议去权威平台核对消息，承接：若多家正规平台都有报道，大概率不是假新闻。

30.E

后文提到新闻容易让人愤怒，对应留意新闻带给你的情绪感受。

翻译：

31.规律运动能够减轻长期压力对身体造成的影响。科学家发现，运动可以缓解抑郁情绪、减轻焦虑，还能改善睡眠。我们运动时，肌肉、神经系统等全身各项机能的协作配合会比平日更加紧密。因此，运动能提升身体运转效率，增强人体应对压力的能力。

32.Bamboo is deeply loved by the Chinese people. Bamboo culture has long been rooted in Chinese people's minds. For Chinese people, bamboo is a symbol of virtue. Ancient Chinese scholars showed great respect for bamboo, which is why there are so many paintings and calligraphy works themed on bamboo in history.

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33.写作

Dear Wang Hong,

How is everything going? As we are going back to school soon, I'd like to give you some suggestions on preventing COVID-19.

First of all, we must wear masks properly in crowded places at school. Secondly, we should wash our hands frequently and keep good personal hygiene. Besides, we need to keep safe distance with classmates and avoid gathering together. What's more, it is necessary to do sports regularly to strengthen our body.

These rules are quite necessary. Good habits can stop the virus from spreading effectively. Keeping healthy helps us stay energetic and focus more on our study.

I hope we can keep healthy and have a wonderful school life together.

Yours sincerely,

Li Hua

2021 年真题答案及解析

选词填空：

1.H. that

定语从句，先行词 friends 指人，关系代词用 that，在从句中作主语。

句意：交到相伴一生的朋友。

2.C. if

连词 if 引导条件状语从句，意为如果。

句意：如果不懂理财，就会陷入财务危机。

3.D. pay

固定搭配 pay for 支付……费用，情态动词 must 后接动词原形。

4.E. on

固定搭配 spend money on sth. 在某物上花钱。

5.F. carefully

副词 carefully 认真地，修饰动词 budget（做预算）。

6.G. income

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名词 income 收入，后文举例家里给钱、兼职收入，对应填收入。

7.B. groups

数词 two 后接可数名词复数，two groups 两类、两组。

8.A. easier

形容词比较级，it is easier to do 做某事更容易。

9.J. borrow

固定搭配 borrow from sb. 向某人借钱。

10.I. what

宾语从句引导词，what is taught 被传授的东西，课堂上所学的内容。

阅读理解：

passage 1

11.B

原文第一段：It helped him solve disagreements with his three older sisters.

solve disagreements = reach an agreement 化解分歧、达成一致。

12.C

原文第二段：Look for patterns in either your opponent's moves or behavior.找出对手的行为规律，对应弄清楚对手的套路。

13.D

第三段点明：人做决定有固定规律，进而影响游戏结果。A 错误：是手势不同，不是游戏理念不同；B 错误：输赢概率并非完全均等；C 错误：不同文化手势不一样。

14.D

原文第四段：Winners tended to repeat their winning hand symbols.赢家倾向重复自己赢过的手势。

15.B

最后一段肯·沃森提到自信是自己战术的一部分，自信能提升获胜几率。A 放松取胜、C 全靠运气、D 对手体型都和原文不符。

passage 2

16.C

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第一段描写居所极简，第二段点明屋主是简约主义者，主动选择简朴生活。A 喜爱饰品、B 买不起必需品、D 热衷于数衣服均错误。

17.D

原文：Minimalism goes against consumer society by dramatically reducing possessions. 简约主义反对消费主义，也就是反对购买超出所需的物品。A 精简物品、B 充实生活、C 限制物品数量都是简约主义的做法，并非对立对象。

18.D

原文：this frees up their time for things that they find meaningful 践行简约生活，会拥有更多时间做有意义的事。ABC 均和原文表意相反。

19.A

原文：thanks to Marie Kondo's best-selling book 轻简约流行是因为她的畅销书。

20.A

最后一段点明：简约主义本质是在财物与个人愉悦之间找到平衡。B 本末倒置、C 一味丢弃、D 跟风买东西均错误。

passage 3

21.C

原文：I joined to see what my grandchildren are doing 老年人玩社交软件主要是了解孙辈的生活。

22.C

划线句意思：从前她们只能靠邮寄信件和照片联络，对应选项过去靠邮寄书信照片联系。

23.B

第三段开头：Children under 17 in the UK are leaving the sites 英国 17 岁以下孩子对社交网站兴趣降低。

24.A

文末：setting a better example for my kids 彼得用老式手机是为了给孩子树立好榜样。

25.B

文章分别讲述老人、青少年、父母不同年龄段的上网使用习惯，选 B。

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七选五

26.E

前文说要学会控制愤怒，下文开始讲具体方法，此句承接引出下文建议。

27.C

本段中心词是 patient 耐心，承接首句“保持耐心冷静”，点明耐心是化解愤怒的关键。

28.G

本段主题深呼吸，承接闭眼深呼吸，接着讲专注呼吸、回想美好事物。

29.F

本段主题微笑，承接上文多微笑，说明微笑对身心有积极作用。

30.A

后文看电影、散步、听歌都属于各类活动，此句为本段总起句：投身一些活动。

翻译

31.具备学习能力的机器早已融入我们的生活，正改变着我们所处的世界。它们在医疗保健及各类公共服务等领域潜力巨大，不久之后还或将催生高度精密的机器人，但我们需要理性规划智能机器的发展方向。

32.The Mid-Autumn Festival offers people a chance to get together and helps foster a sense of family, which is closely connected with responsibilities and obligations. The family is the basic unit of society, the foundation of social stability and the source of social cohesion.

写作

How to Bridge the Digital Gap for the Elderly

Nowadays, more and more services are provided online, which leads to a serious digital gap. Many elderly people struggle to use smartphones and other smart devices. They cannot pay bills, book tickets or get daily services easily, so they take less part in social activities and feel isolated in modern society.

To solve this problem, effective measures must be taken. First, family members should patiently teach the elderly basic digital skills in daily life. Second,

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communities can hold free training classes to help them master simple online operations. Besides, related departments should keep some traditional offline services for the elderly.

In short, joint efforts are needed. Only in this way can we help the elderly keep pace with the digital age and enjoy a more convenient life.

2023 年真题答案及解析

选词填空

1.E. ago

more than 4000 years ago 四千多年前，固定时间表达。

2.I. including

including thousands in the United States 其中包括数千名美国人。

3.F. that

固定句型：It is said that… 据说……

4.C. take

固定搭配：It takes time to do sth. 花费时间做某事；can 后接动词原形 take。

5.H. placing

alternate in doing sth. 轮流做某事；place stones 落子、摆放棋子。

6.A. if

连词 if 引导条件状语从句，意为如果，句意：棋子只有被完全围住才会被拿掉。

7.L. strategically

副词修饰动词 thinking，有策略地、深思远虑地思考。

8.D. medium

a medium for self-reflection 一种自我反省的途径 / 媒介。

9.G. formed

过去分词作后置定语，formed by… 由…… 形成的棋局纹路。

10.J. levels

high levels of mastery 高超的精通水平、高段位。

阅读理解：

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passage 1

11.C. To do their gardening

前文讲天气变暖适合园艺劳作，get their hands dirty 此处引申为动手打理花园、做园艺农活。A 做枯燥工作、B 耍手段、D 售卖蔬菜均不符合语境。

12.B. Some important insects will be taken away.

原文：Removing the plant matter before the insects begin their life cycles would mean removing them from your garden.过早清理枯枝落叶，会把有益昆虫一并清理出花园。ACD 均与原文意思相反。

13.B. After the sleeping insects wake up.

原文： wait until the temperatures are regularly above 10℃. That is when sleeping insects "wake up".要等到冬眠的昆虫苏醒之后，再开始清理土地准备种植。C 时间错误，AD 时间顺序颠倒。

14.C. restrict the growth of the plants

原文：slow the reawakening of the plants. This can also limit their growth.

过早铺覆盖物会延缓植物复苏，限制植物生长。B 错误：护根物是平衡地温；D 错误：会延缓而非快速唤醒植物；A 无依据。

15.D. gardening book

全文围绕春季打理花园、清园时机、铺护根物等园艺知识展开。A 时尚杂志、B 天气预报、C 体育报纸均排除。

passage 2

16.A

原文首段： The year was 1973. Martin Cooper…made the first call from a wireless phone 马丁·库珀在 1973 年打出了第一通无线电话。B 错误，设备不连接电话线；C 时间错误；D 并非对手发明。

17.C

细节题。原文： concerned about how easily young people can link to harmful online material 他担心手机容易让青少年接触到不良网络内容。

18.C

前文讲 1973 年他用 Dyna-Tac 手机打电话，本句：we had no way of knowing this was the historic moment

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this 指代这次打电话这件事。

19.D

原文：perhaps the human body can even power the phones

他认为未来手机可以由人体提供能量。C 错，是人体利用食物产生能量供电，并非手机直接用食物供能。

20.A

细节题。原文：there should be a special Internet for children 他建议为儿童设立专属网络，远离成人不良内容。

passage3

21.D. express emotions

文章首段点明：座头鲸的鸣叫歌声或许是孤独情绪的流露，属于表达情感。A 觅食、B 攻击对手、C 引领同类均无依据。

22.D. More humpback whales lead to reduction of singing noises.

原文明确：鲸鱼数量越少，鸣叫越多；种群数量增多后，鸣叫频次随之减少。A 所有鲸鱼都会唱歌错误；B 懒得唱歌无依据；C 捕鲸保护珊瑚礁完全错误。

23.A. To help them find mates.

文中直接说明：种群稀少时，歌声主要作用是吸引配偶、寻找伴侣。

24.A. Ocean biology

Dunlop 是海洋生物学家，长期研究座头鲸，研究领域为海洋生物学。B 动物医学、C 物理科学、D 商业捕鲸均不符。

25.B. rely on their songs for their survival and recovery

Simon Ingram 观点：这项研究证实，优美复杂的鲸鸣对鲸鱼生存与种群数量恢复至关重要。其余选项均与原文内容相悖。

七选五

26.D

前文讲述优秀领导力的好处，下文开始列举提升方法，此句承上启下：以下是提升领导力的一些方法。

27.G

前文回想曾经共事过的领导，衔接：他们的经验学识能助力你成为优秀领导者。

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28.B

本段核心讲沟通目标、听取员工意见，主旨句：善于沟通。

29.A

后文提到自身勤奋、让员工效仿，主旨句：以身作则。

30.E

前文提出要嘉奖优秀员工，衔接：要认可勤恳付出的人。

翻译

31.你与自己相伴一生，所以要把自己当作最好的朋友。想要活得快乐，善待自我理应放在首位。你可以学会自我倾诉、树立自信、专注自我成长。健康的自我相处模式，能帮你塑造积极的自我形象，这对于成为更好的自己至关重要。

32. The Yellow River is the mother river of the Chinese nation. Protecting its ecological environment is becoming increasingly important. We should take action to take good care of the Yellow River, strengthen ecological environmental protection, promote the harmonious development between humans and nature, and create a better life.

33.写作

How to Improve Digital Literacy Skills for English Learning

Nowadays, digital technology plays an important role in English learning. It provides us with rich learning resources and convenient learning ways, helping us learn English more efficiently. Therefore, it is necessary for college students to improve digital literacy skills.

First of all, we should make good use of digital tools to study English. We can listen to English podcasts and watch original English videos online to improve listening and oral skills. We can also use learning apps to memorize words and finish online exercises anytime and anywhere. Besides, we can search for English reading materials and foreign articles on the Internet to broaden our horizons. Secondly, there are effective ways to improve digital literacy. We need to learn to choose useful English learning resources wisely and refuse useless information. We can join online English learning groups to communicate with partners and share learning experience. What's more, we should learn to use network platforms to express our ideas in English and practice written expression. We also need to form good online learning

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habits and arrange study time reasonably.

In short, digital literacy is essential for modern English learners. Only by properly using digital technology and keeping practicing can we improve our English level steadily.

2024 年真题答案及解析

1.G. investigates

先行词 research，定语从句谓语动词，研究、调查狗狗对健康的益处。

2.F. period

a period of three years 为期三年，固定搭配。

3.A. using

介词 by 后接动名词，使用监测设备记录活动情况。

4.H. whether

whether...or not 固定搭配，是否家养宠物狗。

5.C. affected

被动语态 be affected by，受到…… 影响。

6.B. after

在养狗之后，孩子户外活动时间变多。

7.I. particularly

副词修饰形容词，尤其、特别在女孩身上效果明显。

8.E. make

make a difference 固定短语，产生影响、起到作用。

9.J. habits

healthy habits 健康习惯，养成运动好习惯。

10.D. who

非限制性定语从句，先行词 professor 指人，用 who 作主语。

阅读理解

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passage 1

11.C

细节题。首段点明如今大学老师更难吸引学生课堂注意力，要和手机、电脑争抢学生注意力。

12.D

第二段讲她趣味演示物理实验，视频全网热度极高，让很多年轻人对物理产生兴趣。A 学科错误；B 不是在剧院做实验；C 与原文精力充沛相反。

13.B

词义猜测。make or break 意为成败关键、至关重要，等同于 crucial。

14.D

她意识到开学初没抓住学生注意力的失误，第二学期及时反思并调整教学方式调动学生积极性。ABC 均和原文不符。

15.A

尾段核心建议：优秀老师要用互动式授课，多交流、多问答，避免一味单向讲课。

passage 2

16.A

细节题。原文：She is also a traffic safety advocate… which is why she owns a radar gun.她是交通安全倡导者，因此持有雷达测速仪。

17.B

细节题。她更希望重新规划整条街道来遏制超速，认为这是更好的办法，只是短期内难以实现。

18.B

主旨题。第三段讲述支持者支持测速摄像头，反对者认为会增加低收入人群经济负担，人们对此看法不一。

19.C

态度题。Adkins 支持自动测速摄像头，认为能弥补交管执法缺口，态度赞同、支持。critical 批判的；intolerant 无法容忍的；unconcerned 漠不关心的 均排除。

20.C

细节题。Laura 表示设立摄像头目的不是敛财，而是改变出行风气，让司机遵守限速、放慢车速。

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passage 3

21.D. support a viewpoint

第一段提出观点：不必执着睡满 8 小时，过度纠结反而影响睡眠。第二段引用专家言论佐证支撑该观点。A 下定义、B 得出结论、C 作对比均不符。

22.C. is different from person to person

原文：the ideal amount of sleep...can vary between different individuals 理想睡眠时间因人而异，受基因等因素影响。

23.B. an able person

原文：a lack of sleep was a sign to bosses that a person was productive and successful 过去睡眠不足会被看作能干、事业有成的人。

24.C. good sleep habits can improve your sleep quality

专家认为规律作息比固定 8 小时时长更重要，良好睡眠习惯有助提升睡眠质量。其余选项均与原文相悖。

25.B. A report of public health

全文围绕科学睡眠、健康作息展开，引用疾控中心数据与医学专家观点，出自公共健康类报道。

七选五

26.B

前文引出跳绳历史悠久、益处良多，后文具体讲好处，此处设问跳绳有哪些健康益处，自然过渡。

27.D

后文讲对血压心率有益，此处先讲基础益处：常跳绳能强健肌肉，并列阐述健身功效。

28.C

本段核心讲燃脂、减重，首句总起：跳绳还能帮助人们减肥。

29.G

前文说到新手要选合适长度的跳绳，本句说明绳子长度标准。

30.A

后文讲解跳姿、循序渐进增加运动量，主旨：最重要的是慢慢来。

翻译

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31.随着人们对衰老观念的转变，老年人不必过度为老去而焦虑。他们应当树立积极的人生态度，因为心态乐观的人往往更加长寿、身体也更健康。当然，并非所有人都能自然而然拥有积极心态，老年人需要转变思想观念，憧憬更加美好的晚年生活。

32.In the near future, we will step into the workplace. No matter what job we take, we should love and respect our work and believe that what we are doing is a great cause. At work, we need to take our responsibilities seriously and give full play to our unique talents. If we devote ourselves wholeheartedly to our work, we will achieve success and make our life more meaningful.

33.写作

Dear Chris,

How is everything going? I'm writing to tell you about a creative cultural gift I made by myself.

It is a small hand-painted folding fan. I drew beautiful Chinese plum blossoms on its surface and wrote some classic ancient Chinese poems beside the flowers. It looks elegant and full of traditional Chinese cultural beauty. It is light and easy for you to carry around.

I decide to make this gift for two main reasons. First, folding fans are typical traditional Chinese cultural works, which can let you know more about Chinese culture. Second, I hope this handmade gift can show my sincere friendship to you. Whenever you see it, you will think of me.

I hope you will like this special cultural gift. Looking forward to your reply.

Yours sincerely,

Li Hua

2025 年真题答案及解析

1.B. how

前文提到 92 岁老人传授长寿秘诀，空格后是 "to live a long and healthy life"，需

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要一个疑问词引导“长寿的方式”, how (如何) 符合句意; 其他选项均无法与“the secret of”搭配引导不定式结构（如 when 表时间、wise 是形容词，均不适用）。

2.A. when

语法: 引导时间状语从句, 从句“he was 14 years old”是具体时间点, 用 when 引导，表“在他 14 岁的时候”。

3.C. spends

主语是 he（第三人称单数），时态是一般现在时，谓语动词用第三人称单数形式 spends；固定搭配“spend + 时间 + doing sth.”，表示“花费时间做某事”。

语境：空格后是“three hours playing table tennis”，对应“花费三小时打乒乓球”，spends 符合搭配和主谓一致；其他选项（如 stay 是“停留”、done 是过去分词）无法与时间搭配表示“花费”。

4.I. younger

much 修饰比较级，younger 是 young 的比较级，“much younger”表示“年轻得多”，符合语法规则。老人已经 92 岁，他的对手应该比他年轻很多，younger 体现年龄对比; 其他选项 (如 physically 是副词、wise 是形容词原级) 无法体现“年龄更年轻”的对比含义。

5.D. rarely

副词修饰动词短语“gets knocked off the table”（被击败、输球），表示动作发生的频率。前文提到“he may have slowed down a bit（速度可能慢了一点）”，但用“although”表转折，说明他虽然速度慢了，但很少输球，rarely（很少）符合转折逻辑；若用其他选项（如 when 表时间、passion 是名词），无法修饰动词，也不符合语境。

6.G. passion

形容词性物主代词 his（他的）后接名词，passion 是名词，意为“热爱”。空格后提到“for table tennis while he was a teenager”，结合后文他重拾这项运动，说明他少年时就对乒乓球产生了热爱，find one's passion for sth. 是固定表达，意为“发现自己对某事的热爱”；其他选项（如 done 是过去分词、physically 是副词）均不能作 his 的宾语。

7.E. stay

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continue to do sth.（继续做某事），to 后接动词原形；固定搭配 “stay involved in”，表示 “坚持参与、保持参与”。前文说他重拾乒乓球，同时还 “继续参与保龄球和游泳”，stay involved in 符合 “坚持参与某项活动” 的含义；其他选项（如 spends 是第三人称单数、wise 是形容词）无法与 to 搭配，也不符合 “参与” 的语境。

8.H. done

现在完成时的结构是 “have/has + 过去分词”，空格前是 has ever，此处需填过去分词，done 是 do 的过去分词。句意是 “晚年坚持打乒乓球是他曾经做过的最好的事”，has ever done 表示 “曾经做过的事”，done 符合现在完成时的语法要求；其他选项（如 stay 是动词原形、younger 是形容词）均不能用于现在完成时的结构中。

9.J. wise

固定句型 “It is + 形容词 + of sb. to do sth.”，表示 “某人做某事是…… 的”，此处需填形容词，wise（明智的）符合句型要求。后文提到 “to be active and remain connected to others（保持活跃、与他人保持联系）”，这些都是健康的生活方式，所以说这样做是 “明智的”，wise 符合句意；其他选项（如 physically 是副词、done 是过去分词）均不能用于该句型。

10..F. physically（身体上）

副词修饰动词短语 “take care of yourself”（照顾自己），且与后面的 mentally（精神上）并列，词性一致（均为副词）。“take care of yourself both physically and mentally” 表示 “从身体和精神两方面照顾自己”，是固定搭配，physically 对应 “身体上”，与 mentally（精神上）形成并列，符合句意；其他选项（如 younger 是形容词、passion 是名词）均不能与 mentally 并列，也无法修饰 “照顾自己”。

阅读理解

passage 1

11.A. Keep a new pet

细节题。原文：That fall Yulia and her daughter were planning to adopt their first cat. 那年秋天母女二人打算领养猫咪，也就是饲养新宠物。BCD 均无原文依据。

12.C. He adapted quickly

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原文：In his new home, Ben adjusted very fast

本在新家适应得很快。ABD 文中均未提及。

13.C. remind his family to feed him

原文：he will even lead his family over to the refrigerator to let them know that he's hungry 肚子饿时它会领着家人走到冰箱旁，提醒家人喂食。

14.D. Positive

尤莉娅认为老年猫咪温柔又贴心，会用满满的爱意回报主人，对老年猫持赞同、喜爱的积极态度。unsure 不确定；bad 负面；doubtful 怀疑，全部排除。

15.D. A news report of animals

文章讲述流浪猫咪被领养后的暖心日常，属于动物类新闻报道。A 戏剧评论、B 体育赛事书籍、C 玩具杂志均不符合文体。

passage 2

16.A. has a long history

原文：backward walking has been part of traditional exercise routines for centuries 倒走已有数百年传统锻炼历史，历史悠久。其余选项与原文相悖。

17.C. makes legs more flexible

原文：She found that backward walking increases leg flexibility 她研究发现倒走能够提升腿部柔韧性。

18.A. It helps to lose weight.

本段提到倒走燃脂效率更高，坚持练习可减少体脂、提升体能，有助于减肥。B 热量消耗更少、C 增加脂肪、D 只提升柔韧性均错误。

19.A. needs more attention

原文：it is an activity that needs greater concentration and focus 倒走需要更强专注力，需要投入更多注意力。

20.B. The benefits of backward walking.

全文围绕倒走展开，依次介绍其历史、健身效果、燃脂减脂作用、提升认知能力以及练习注意事项，核心讲述倒走的各类益处。

passage 3

21.D

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原文：研究蚂蚁协作方式，目的是编写自动驾驶汽车程序，以此避免交通拥堵。ABC 均不符合原文目的。

22.B

第二段点明：车流密度变大时，一名司机踩刹车就极易引发堵车。

23.B

研究者观点：人类司机只顾最大化自身利益、争相抢行，这是造成拥堵的原因。

24.D

最后一段给出方法：和前车保持安全车距，就能缓解、避免大规模堵车。

25.C

全文讲述蚂蚁顺畅通行的原理，借鉴蚂蚁出行方式助力解决人类交通拥堵问题。

七选五

26.C

前文引出冬季天气对健康有利有弊，重视健康很重要，下文开始列举具体方法。此句承上启下：这里有一些改善健康的有效方法。

27.G

本段主题为冬季穿衣搭配，后文讲到穿衣舒适、不出大量汗，对应本句：选择保暖又不会过热的衣物。

28.F

本段讲冬季多喝水，空格前后说明喝水的好处，本句衔接：水分能稳定精力、缓解疲惫。

29.A

后文提到天冷消化变慢，建议喝暖汤、吃暖胃食物，本段主旨句：食用温热食物。

30.B

前文强调无论天气好坏都要坚持运动，本句点明核心：健康养生贵在坚持。

翻译

31.一个夏夜，我抬头望见整片夜空繁星浩瀚。我沉醉于这般美景，在见识到宇宙的辽阔无垠时，深感自身渺小。但我也明白，自己亦是宇宙的一份子，内心顿时满是欢喜与安然。

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32.Music can make exercise more enjoyable. Listening to music while working out can improve our endurance, concentration and self-control. It can also lift our mood

and reduce anxiety. Music helps us become healthier, more confident and happier.

33.写作

Dear teachers,

I am Li Hua, a student from HongXing College. I am outgoing and easy-going. I have a good command of English and know much about traditional Chinese culture. Besides, I am interested in tourism and good at communicating with others.

I am writing to apply for the membership of the International Cultural Tourism Innovation Team. There are two main reasons for my application. First, I hope to learn more professional knowledge about cultural tourism and improve my practical ability in this team. Second, I wish to spread splendid Chinese traditional culture to more foreign friends and promote cultural communication. What's more, I am willing to take part in all team activities and try my best to make contributions.

I sincerely hope I can join the team. I will cherish this precious chance and make great progress.

Looking forward to your reply.

Yours sincerely,

Li Hua

2026 年真题答案及解析

1.B. opened

句子时态为现在完成时，结构是“have + 过去分词”，opened 是 open 的过去分词，符合语法要求。前文提到“自带容器灌装商品已成为减少浪费的流行方式”，后文举例具体的灌装商店，此处表示“近几年，很多灌装商店已经开业”，opened 贴合“商店开设”的含义。

2.G. buying

instead of 是介词短语，后面接名词或动名词，buying 是 buy 的动名词形式，符合语法规则。前文说“顾客自带可重复使用的容器灌装肥皂、洗发水和清洁用品”，目的是替代“购买一次性包装的产品”，buying 表示“购买”，贴合语境。

3. A. what

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此处是宾语从句，what 引导宾语从句，在从句中作 own 的宾语，意为“人们已经拥有的东西”，符合语法结构。门店的理念是“通过重复利用人们已经拥有的（容器等）东西，减少包装浪费”，what 在此处指代“人们已有的物品”，逻辑通顺。

4.F. charged

句子是被动语态，结构是“be + 过去分词”，charged 是 charge 的过去分词，符合被动语态要求；固定搭配“be charged by…”表示“按…… 收费”。前文提到“顾客的容器先被称重，然后再灌装”，后文补充“他们按添加的产品数量收费”，charged 贴合“计费、收费”的含义，符合门店的运营逻辑。

5.H. rewarding

句子结构是“the act of refilling is + 形容词”，rewarding 是形容词，意为“有益的、值得做的”，符合语法要求。后文引用顾客 Julie 的话“When you do something positive, you feel good”（当你做积极的事情时，你会感觉很好），说明“灌装这件事对她来说是有意义、有益的”，rewarding 贴合这种积极的感受。

6.C. ago

“时间段 + ago”是固定搭配，表示“…… 以前”，two years ago 意为“两年前”，符合时间表达的语法规则。句子时态是一般过去时（discovered 是过去式），表示“Julie 两年前在寻找护肤品时发现了这家店”，ago 用于此处，准确表达过去的时间点。

7.I. choices

固定搭配“make choices”表示“做出选择”，right 是形容词，修饰名词 choices，符合语法搭配。Julie 说“世界上有很多大问题，我们无法全部解决，但我们可以做出正确的选择”，choices 贴合“选择”的含义，与前文“做积极的事情”相呼应。

8.J. more

more 是形容词比较级，修饰后面的名词“energy and materials”（能源和材料），表示“更多的能源和材料”，符合语法要求。前文提到“灌装环保并不意味着对环境的影响更小”，后文补充说明“可重复使用的容器生产需要更多的能源和材料”，more 体现“数量更多”，与前文的“并非全无弊端”相呼应。

9.D. replace

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句子是一般现在时，主语是 they（指代灌装项目），谓语动词用原形 replace，符合语法要求；固定搭配 “replace A with B” 表示 “用 B 取代 A”，此处省略 with B，结构成立。专家强调 “灌装项目并非完美的方法，但当它们取代一次性包装时，有助于减少浪费”，replace 贴合 “替代、取代” 的含义，衔接前文 “灌装减少浪费” 的核心。

10.E. who（谁）

此处是定语从句，先行词是 people（人），who 引导定语从句，在从句中作主语，指代 people，符合定语从句的语法规则。Miller 教授说 “小事也能积少成多，当数百万正在做小事的人一起行动时，就能产生影响”，who 用于指代 “做小事的人”，逻辑通顺。

阅读理解

passage 1

11.B. guilty

原文第一段：The moment we think about canceling a plan, guilt follows.

人们一想到取消计划，就会心生愧疚。

12.D. naturally show forgiveness

第二段：In many cases, forgiveness comes naturally

研究表明大多数人自然而然会谅解对方。

13.C. consider how to make up for it

第三段开头：After canceling plans, many people start worrying about how to make up for it.

取消计划后，人们常会琢磨如何弥补。

14.A. inside the mind

第四段最后：it comes from internal thoughts and assumptions

这种压力主要来源于内心想法。

15.C. It is more acceptable than we think

全文主旨：临时取消计划并没有大家想得那么严重，远比我们想象中更容易被人接受，不会轻易伤害感情。

passage 2

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16.D. To help her daughter deal with emergencies

第一段点明女儿学了紧急情况拨打 911，妈妈反复叮嘱家中遇险要拨打急救电话，家里只有手机，于是装固定电话方便孩子应对紧急情况。

17.B. communicate with her close relatives

第二段：Ava mostly talks on the phone to her grandparents.

艾娃主要用座机和祖父母通话，即和至亲亲人交流。

18.B. Getting landlines ringing in homes again

伦德伯格劝说宝妈朋友们也给家里装座机，希望更多孩子习惯打电话，延缓接触社交媒体，这场“变革”就是让家庭重新用上固定电话。

19.C. learn proper phone manners

比安科教孩子接打电话礼貌用语，孩子借此学习得体的通话礼仪与言行举止。

20.A. Objective

心理学家表示是否给孩子装座机因人而异，要结合家庭情况规划，不盲目推崇也不全盘否定，态度客观中立。doubtful 怀疑的；negative 消极反对的；unconcerned 漠不关心，均排除。

passage 3

21.C. close to oceans

原文第一段：some of the driest places on Earth lie right beside the ocean 极端荒漠指紧邻海洋的干旱地带。

22.A. Because clouds are not easily formed

第三段：下沉气流抑制云层形成，难以降雨，因此亚热带地带荒漠众多。D 错误：直射阳光在赤道，并非亚热带。

23.A. How air moves horizontally

第四段以纳米布沙漠为例，讲解大气水平流动带来的降水分布差异，是其形成主因。

24.D. there will be a rain shadow

第五段：气流翻越山体后水汽耗尽，背风坡形成雨影区，降雨稀少。

25.B. The formation of coastal deserts

全文围绕三大成因，讲解滨海沙漠的形成原理，为主旨。

七选五

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26.E. Here are some ways that colleagues can provide support.

前文点明同事间社会支持很重要，下文分段介绍各类支持方式，本句承上启下：以下是同事提供支持的几种方式。

27.G. Being able to work with others in a space is motivating in itself.

前句提到他人的陪伴能带来激励，本句承接：和他人共处一室共事本身就很鼓舞人心，贴合线下共处工作的语境。

28.F. The virtual presence of colleagues can also be important.

后文举例居家办公靠线上软件联络，说明不一定需要面对面相处，对应同事线上相伴同样十分重要。

29.A. Colleagues offer instrumental help.

本段讲同事帮忙分担工作、出谋划策、接手任务等实际助力，主旨句：同事能给予实际事务性帮助。

30.B. Colleagues also offer emotional help.

后文引用俗语、闲聊谈心，侧重情绪分担与情感共鸣，主旨句：同事也能给予情感层面的陪伴与慰藉。

翻译

31.近年来，越来越多国产游戏走向全球、备受瞩目。对于海外年轻人而言，国产游戏已然成为一种全新的数字文化体验载体。国产游戏出海之路，见证着“中国创造”跨越语言与文化的壁垒，也向世界展现了中国品牌的全新风貌。

32.In the information age, we are used to sending wishes to friends via mobile phones. However, some people still prefer making greeting cards by hand to express their sincere feelings. Handmade cards require personal writing and design, which will bring great warmth to friends who receive them. Therefore, while enjoying the convenience brought by the times, we should also respect the traditional ways of sending best wishes.

33.写作

Dear David,

How is everything going? I'm glad to know that you want to learn Chinese. Today I'd like to introduce a meaningful Chinese character to you to arouse your interest.

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The character I choose is “家”, which means family. It is made up of two parts. The upper part looks like a roof standing for a house, and the lower part stands for animals living inside. In ancient times, people kept animals at home, so this character stands for a warm and complete family.

I choose this character for two reasons. First, family is the most important part in our daily life, so this word is easy to understand and use. Second, it carries traditional Chinese culture and shows our love for family. Learning it can help you know more about our culture quickly.

I hope you will fall in love with Chinese learning. Looking forward to your reply.

Yours sincerely,

Li Hua

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